



Fort Sam Houston

# News Leader<sup>®</sup>



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Fort Sam Houston — Home of Army Medicine

August 8, 2002

## 5501st U.S. Army Hospital reserve soldiers deploy to Bosnia



Photo by Esther Garcia

Left to right, Spc. Karin Green, Spc. Kathryn Salazar, Spc. Sofia Lopez, Spc. Jennifer Kolvachik, Sgt. Juan Rios, Brig. Gen. James Mobley, commanding general, 807th Medical Brigade, Staff Sgt. Renae Szemkus, and Col. Rajnikant Patel, commander, 5501st U.S. Army Hospital, share unit mission expectations during the farewell breakfast held at the 5501st U.S. Army Hospital headquarters Sunday morning. (See story and photos on pages 10-11.)

### Briefs

#### SJA Office Closure correction

The Office of the Staff Judge Advocate, Claims and Legal Assistance Division will be open regular duty hours Aug. 9, and not closed as announced last week.

#### SJA Office Closure, Aug. 14

The Office of the SJA, Claims and Legal Assistance Division will be closed on the afternoon of Aug. 14, due to office's Organization Day activities. Regular hours will resume Aug. 15. In case of emergency, contact the On-Call Officer at 286-6227.

#### AUSA Chapter Luncheon, Aug. 15

Lt. Gen. James B. Peake, The Army Surgeon General and commander, U.S. Army Medical Command, will be the keynote speaker at the AUSA Chapter Luncheon, Aug. 15, 11:30 a.m. at the NCO Club. See your unit's Command Sergeant Major for tickets.

#### Coliseum Road Gate Closure

The Coliseum Road Gate at Interstate Highway 35 will be closed to all traffic for one week beginning at 6 a.m., Aug. 19. The gate will resume regular operation hours from 6 a.m. to 6 p.m., Aug. 26.

## Top General: When it comes to education, 'good enough' isn't good enough for military children

By Rudi Williams  
American Forces Press Service

The Military Child Education Coalition's work is vitally important to service members, says Army Chief of Staff Gen. Eric K. Shinseki. But that work is equally important to military children who are both "blessed and cursed for being born into military families."

"Blessed because our lives are rich in experience and relationships, but cursed because our nomadic existence makes us outsiders just about wherever we live, even here at home," Shinseki told a dinner crowd here July 31 at the coalition's 4th annual conference in San Antonio.

MCEC, started in 1998, focuses on the academic and school-related needs of military-connected children. The non-profit organization addresses transition and other educational challenges facing military children. It also serves as an incubator of innovative approaches, a conduit of promising practices and an information source for organizations, educators and parents.

Military children are saddled with the constant burden of having to find some way to fit in wherever they live, the general said. What MCEC has done and continues to do, he continued, enables the military to offer children a measure of stability and predictability that the armed forces ensure for all the children of America.

Military service is an honorable calling, but it's the children who give the nation its enduring qualities, he said.

"It's our children who give this country an opportunity to extend the greatness that our service has provided," Shinseki said. "They do it through their intellect, compassion, energy, courage, confidence and their basic goodness and belief in the uplifting quality of mankind. But they must learn that from us. And we must shape the environment of learning so they will grow up capable and responsible for leading this great nation."

"'Good enough' isn't good enough when it comes to education," Shinseki emphasized. "Military children are graced with broader horizons and a sense of tolerance for others, unique benefits by virtue of the fact that they've traveled and seen so much more of the world. They see other lifestyles and know that, though ours isn't perfect, it's certainly well ahead of whatever is in second place."

Military children nurture hopes and dreams and are eager to learn, he pointed out. "We make a long-term investment in the enduring strength of this nation when we give them the realistic chance of succeeding in this mobile society we've created for them. So we dedicate ourselves to excellence and make a commitment to leadership in the broadest sense."

Defending the nation is a dangerous business, both in wartime and peacetime,

but military personnel are focused on what they're doing and have accepted the dangers, the general pointed out.

"But you don't focus very well if you're worried that moving halfway around the world will disrupt your high school senior's academic year just when she's trying to arrange acceptance into her college of choice," Shinseki said. "Or

when you've learned you're having to move your family in three months without any idea of what to expect in the school system that awaits your child.

"There are countless other examples where the demands for the profession and the demands of good parenting collide," he said. "So we have to help. 'Well-

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Photo by Phil Reidinger

Congressman Charles Gonzalez escorts Missouri Congressman Ike Skelton during visit to Fort Sam Houston on Friday. Skelton toured the post historic areas and was provided presentations on installation missions and ongoing renovation and adaptive reuse of historic buildings.



# Promotion boards to test automated system

Army News Service

The Army’s sergeant-major board meeting this fall will test a new Automated Selection Board System that eliminates hard copy files and presents records to board members only as electronic files.

Of the master sergeants in the zone for promotion, only those in the medical field (Career Management Field 91) will be in the test population, personnel officials said. Board members will review individual CMF 91 files (official military personnel file, photo, enlisted record brief, and letter to the board president, if submitted) on the ASBS as electronic files.

The board will review hard copy records for NCOs in all other career management fields, officials said.

The board is scheduled to convene at the U.S. Army Enlisted Records and Evaluation Center in Indianapolis Oct. 1. It will review files for those being considered for promotion to sergeant major and command sergeant major, and for those being considered for attendance at the Sergeants Major Course.

CMF 91 noncommissioned officers should review, update and sign their hard

copy enlisted record briefs and DA Form 2-1 to ensure the board has a current back-up record, personnel officials advised. They said NCOs can do this with servicing personnel offices as done in the past.

NCOs in the test population should also access their electronic promotion file via the EREC Website at [www.erec.army.mil](http://www.erec.army.mil), officials advised. Once there on the site, CMF 91 NCOs will be able to access their records by clicking on “promotion file.” Within the promotion file there are several tabs (OMPF, Photo, ERB, and Statements).

OMPFs should be reviewed for missing or incorrect information, officials advise. They said questions or changes to files can be made directly to EREC following the instructions provided on the EREC website in the “Enlisted Records Division/OMPF” portal.

Customer service representatives are available by calling 1-866-771-6357 or DSN 699-3361.

Official photos can be viewed by clicking the “photo” tab. EREC is in the process of scanning the current hardcopy photograph that is on file at EREC.

“We’ll scan in approximately 500

photographs for the CMF 91 NCOs prior to the document cutoff date of Sept. 13,” said Sgt. Maj. Deborah Seimer at EREC. The remaining photos will be hard copy.

Regardless of career management field, all NCOs in the zone are asked to process the appropriate SGM/SMC declination statement or CSM acceptance/declination statement in the “statements” tab, officials said.

The first officer files that will test the automated selection process will be the Colonel Army Medical command selection board which takes place from Jan. 21-31, officials said. They added that the next test board will be the Feb. 4 Captain AMEDD promotion selection board.

The U.S. Army Reserve Personnel Command in St. Louis began automated boards in February for Active-Guard-Reserve entrance boards, along with AGR

company and battalion command selection boards, an AR-PERSCOM official said.

“Officers and non-commissioned officers alike will be notified to review their electronic file through Army Knowledge Online,” said George Piccirilli, the director of the Management Support Division in U.S. Army Personnel Command. He said soldiers and officers will essentially validate their own promotion file that board members see. Electronic review of their performance file and photo online is key to the selection process, he said.

“Future board members will use 21-inch monitors giving greater clarity than the microfiche ever did,” Piccirilli said. “This process is going to work.”

Source: Information provided by the U.S. Total Army Personnel Command public affairs team.

## Blood donations needed

Blood donations are needed year round. Soldiers involved in Operation Enduring Freedom are counting on us to be there for them.

If you make a fist now, we will give you a hand later. It is important to keep a steady flow of blood donors donating on a regular basis.

To donate blood now, call the Akeroyd Blood Donor Center at 295-4655 or 295-4989.

## Fort Sam Houston News Leader

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# Congressman Ike Skelton visits Fifth U.S. Army, tours Fort Sam Houston historic buildings

By Phil Reidinger  
Fort Sam Houston Public Affairs

U.S. Representative Ike Skelton D-Mo., visited Fifth U.S. Army headquarters and toured Fort Sam Houston during a visit to the installation on Friday.

Joined by U.S. Representative Charles Gonzalez, D-Texas, and U.S. Representative Ciro Rodriguez, D-Texas, Skelton met with Fifth U.S. Army Commander, Lt. Gen. Freddy E. McFarren, for a series

of briefings about Fifth Army missions related to Homeland Defense, military support to civil authorities, and reserve component training and readiness programs.

First elected to the U.S. House of Representatives in 1977, Skelton represents Missouri's fourth congressional district. He is the ranking Democrat on the House Armed Services Committee and a member of the Subcommittee on Military Procurement.



Photo by Phil Reidinger  
San Antonio architect Milton Zainotz and Col. Frank Blakely, AMEDD Center and School chief of staff, discuss adaptive reuse of historic buildings with Congressman Ike Skelton and Congressman Charles Gonzalez. The Center and School renovated Building 615 in the Infantry Post area of the installation for use as classrooms for the Operating Room Technician Course.

U.S. Representative Ciro Rodriguez joins Lt. Gen. Freddy E. McFarren to welcome Missouri Congressman Ike Skelton to San Antonio and Fort Sam Houston.



Photo by Mike O'Rear  
Lt. Gen. Freddy E. McFarren describes the history of the Quadrangle to U.S. Representative Ike Skelton. Fifth U.S. Army is located in the Quadrangle which is historically the home of Army headquarters.



Photo by Mike O'Rear



Photo by Phil Reidinger

U.S. Representatives Ike Skelton and Charles Gonzalez listen to Tom Chandler, Orion Inc., describe plans to renovate and lease the old Brooke Army Medical Center and Beach Pavilion complex buildings in partnership with Fort Sam Houston. The innovative partnership is a Defense Department pilot program to use private sector development expertise for adaptive reuse of historic buildings.



# Institute teaches counselors military children's hang ups, hang outs

By Rudi Williams  
American Forces Press Service

Fifty-two school counselors from around the world gathered in San Antonio for a day-and-a-half conclave seeking better ways to help military-connected students as they move from one school to another across the globe.

Transition Counselors Institute trainers like Brenda Coffield and Cathy Franks are educators with secondary school experience, high school counselors, transition specialists, military parents and others. The institute strives to increase availability of specifically trained transition counselors who understand the needs of mobile military-connected students and have the skills to bridge the transition from school to school.

The Military Child Education Coalition Conference of Harker Heights, Texas, sponsors TCI. "The institute is in its third year," said Franks, wife of Army Gen. Tommy R. Franks, commander of Central Command. "The first one was held in San Diego in July 2000. Because this institute is in three phases, some of our counselors are completing the cycle this year.

"We're a traveling institute. Just as our military-connected children are mobile, we're also mobile," said Franks, a former high school teacher. "We have given our TCI instruction in San Diego, Calif., and Tampa, Fla., and now here in San Antonio at our national conventions. We've also given on-site instructions in Savannah, Ga., and will give classes in Carlisle, Pa.; Fort Carson and Colorado Springs, Colo.; Fort Sill, Okla.; and in Puerto Rico later this year."

Franks said the institute makes a difference for military students, their parents and their schools.

"Part of the institute is simply bringing counselors together from all over the world," she noted. "Brenda and I are teaching Phase II this summer and of our 16 students, we have people from Korea, Okinawa, Germany, Rhode Island,

Connecticut, Texas, Idaho and Oklahoma. Having them all together in the same room helps them learn from each other. They share ideas, and that's an important part of the institute."

"(The smooth transition of students) is a readiness issue for our military. It's also a retention issue," she said. "If the family is happy and having good experiences, we're more likely to keep that well-trained individual in the military rather than having them leave the military when their time of service is up."

MCEC developed a curriculum addressing the needs of the transitioning students, Franks noted. "We want to meet the needs of the counselors so the counselors will meet the needs of the students," she said. "We're training the counselors because the counselors are very often the first person that's there to help the military-connected child as they move from place to place."

A counselor at Ramstein (Germany) American High School since 1989, Coffield said many counselors have asked her, "Why didn't this start years ago, because it really helps us?"

"The idea of giving and receiving information and sharing is fantastic, especially when I get an e-mail from a superintendent saying, 'I heard you'll be able to answer this question for us,'" said Coffield, who has been involved with the institute since March 2000 as a representative of the Department of Defense Education Activity.

"I've never heard anything negative about the program. This is a wonderful institute and we'd like to see more parents, educators and students become involved," she said.

Coffield said the institute's training for counselors and educators focuses largely on high school students.

"That's the age where students either need credit or sometime lose credit in the transition stage," she noted. "We want to ensure we're communicating with every-

one throughout the U.S. and the overseas schools. It's not just for the military schools, it's for all the military students in schools on military installation or in civilian schools that surround military installations."

Coffield said the institute's first phase is the transition — making sure students get all their course credits and have their records available. The second phase students' address the emotional and social issues. The third phase is master transition counseling and forming expert partnerships with military installations.

In its infant stages, the institute surveyed various schools and asked students about their concerns and problems, she said. The students' No. 1 concern turned out to be having a lunch partner at a new school, she noted.

"Are we addressing that need?" Coffield asked. "Are we making sure that a student who moves in as a third-grader is aware that there is someone there that they will be able to talk to and introduce them to other students to ensure they have friends?"

She said parents also were surveyed. "Their main concern was wanting special time for their children. They also wanted you to treat their child as a very special child, as if the only child, which is normal," she said. "They wanted the best for their children."

Parents, teachers, administrators and counselors have to understand the children, Coffield emphasized. "You have to also remember what it was like when we were kids," she said. "Quite often adults forget. It doesn't take a book to understand that when I go into a room to eat, I don't want to eat by myself, most of the time."

Addressing the needs of children who participate in sports is another major concern. For example, a basketball player arrives at a new school and is told it's too late to try out for the school team.

"You can't do this," Coffield said.

"Now we're saying to counselors, talk to the coaches. If you go to the coach and say, this student is new, just coming in from Texas and they'd like to try out for our team, the answer is yes. ... Just being that child's advocate quite often helps, because that coach wants to work with you.

"I find that most of the time, teachers, parents and administrators want what's best for the child because it makes their job easier," she added.

Having records available is one of the biggest problems for military-connected students arriving at new schools, Coffield noted. Many school systems don't allow parents to take records with them, she said.

The solution is simple, she advised: Hand-carry a copy of the school records or transcript or have the losing school send it by e-mail or fax.

Coffield said she gives TCI students the Website address of the Military Child Education Coalition. "I do a monthly newsletter at my school and MCEC's address and information is always in it. Parents are using the information. It's a good way to access other schools," she said. "I always ask for a response, which is, 'I didn't know this existed.'"

Franks said adults often just look at the paperwork: "Sally goes to Room 12 and we think Sally is taken care of. But when it comes to lunchtime, and especially in our larger schools, which can have 2,000 students, Sally can be lost.

"Most high schools have various places where certain subgroups hang out. This is one thing we address in our curriculum, making the counselors aware of where the different groups in your high school or middle school hang out. Bringing awareness to the counselors with whom we work is very important because these counselors want to be there for the children. They want to do the right thing."

## Military children nurture hopes and dreams and are eager to learn

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being' allows soldiers to focus on missions, training or operational, because we've put into place a system that looks after our families. That looks at the human dimension to readiness. Their sense of well being has a lot to do with their sense of readiness. And the educational initiatives that we're all about are key to our soldiers' and their families' sense of well-being."

He said people today can see the Army fully committed to them and their welfare — up front, not as an afterthought. That commitment, he continued, was the underlying principle in 1997 when Army Chief of Staff Gen. and Mrs. Dennis J. Reimer began examining the education issues of military-connected children. Their 1999 partnership with MCEC launched the Secondary Education Transition Study, which culminated in a broad-based community effort among commanders, school boards, superintendents and field researchers.

"All of us have benefited from the work," Shinseki noted. "Its findings are relevant to every military child and every

other child in this mobile society. The goodness of SETS reaches beyond our walls."

SETS was an in-depth, two-year study that resulted in recommendations to improve predictability for military-connected high school students during family moves. SETS led to a memorandum of agreement among nine school systems aimed at making life easier for transitioning military-connected students and their parents.

The program has experienced dramatic growth since the first nine signatories committed themselves in July 2001.

"Today, there are more than 90 signatories and by this fall, hopefully, 100," Shinseki noted. "It's a worldwide endeavor, from Washington state to North Carolina, from Texas to New York, Italy, Turkey, Japan and Korea.

"You don't get that kind of response unless there is something tremendously right about what you're doing," the general said. "So we're building sustainable momentum for SETS, and in turn, at least for the Army, for well-being as well."

The Army conducted its second education summit in Washington in early July with participation by representatives from the Department of Education, the Office of the Secretary of Defense and the other military services.

"These partnerships and collaborations are institutionalizing the SETS memorandum of agreement," Shinseki said. "After the summit, one superintendent said, 'I don't really care what the rest of you are going to do. I'm going back and move on this because it's good for the kids.'

"Another superintendent on the drive home to Pennsylvania decided that he was going to recommend to his board that they change entrance requirements for kindergarten and first-grade students from military families — something we've been trying to do in that part of Pennsylvania for years," he said. "In two days, that superintendent got it done."

Shinseki said the services would know they're successful when a child's transition from one school to the next is marked by strong communications between losing and gaining administrators and teachers. And, he said, they'd know



Army Chief of Staff Gen. Eric K. Shinseki

success when the nation's mobile children leave their old school with healthy regret, but look with great anticipation to their arrival at the next school.

Another measure of success would come when students know that the good work they did at their last school will be valued where they're going, he added.

"The kids won't care who got it all started. That won't be the point," Shinseki noted. "The only thing that will matter is that it needed to be done and we did it. It's not about the Army. Not just about the military. Not about anything else other than our children."

# Army West Nile Virus program controls mosquitoes

West Nile Virus (WNV) was detected in the Western Hemisphere for the first time in 1999. Certain types of mosquitoes transmit virus to birds and some mammals, including humans.

From 1999 through 2001, there were 149 cases of WNV human illness in the United States reported to the U.S. Centers for Disease Control (CDC), including 18 deaths. As of Aug. 2, there have been at least 36 confirmed cases and several deaths this year, according to CDC.

Recent press reports indicate that this number may be at least 88 human cases with 4 deaths. The confirmed human cases this year have occurred in Louisiana and Mississippi, with the four WNV deaths in Louisiana.

The virus occurs primarily in late summer and early fall, but in southern climates it can be transmitted year-round.

As of Aug. 2, WNV has been found in 33 states and the District of Columbia, Northwest to North Dakota, South to Texas, East to Florida, and North to New England states. WNV activity in the South Central and mid-Atlantic states is occurring earlier than in previous years.

### DoD WNV surveillance status

Mosquitoes infected with WNV have been found at Forts Myer, McNair, and McPherson, The Pentagon, and Andrews Air Force Base, Md. No human infections or cases have occurred among DoD personnel or beneficiaries. There have been no WNV infections among equine mammals (horses, etc.) on DoD installations.

Information on results of current DoD WNV surveillance activity can be found

at <http://www.geis.ha.osd.mil/>.

### Transmission of the disease

The virus is transmitted to humans by the bite of an infected mosquito. In areas where the virus exists, very few mosquitoes (usually less than one percent) are likely to be infected with the virus. WNV is not transmitted from one person to another.

### Clinical information

**Symptoms** – Most people who get WNV have no symptoms or only mild ones. These include fever, headache, body aches, sometimes a skin rash, and swollen lymph nodes. Less than one percent of people bitten by an infected mosquito will develop severe illness. Severe infections include headache, high fever, stiffness of the neck, disorientation, muscle weakness, convulsions, and rarely, death.

**Diagnosis** – The diagnosis of human WNV infection is confirmed through serological testing.

All cases of human WNV infection in Army units must be reported to the Army Medical Surveillance Activity through the Army Reportable Medical System (RMES). Additional information about RMES and Army disease reporting requirements is available at <http://amsa.army.mil>.

**Treatment** – Therapy includes supportive measures such as rest and observation, intravenous fluids, and respiratory support as necessary.

### Prevention

- Mosquito control measures.
- Standard techniques for mosquito control are effective in preventing the spread of WNV.

- Techniques include elimination of standing water where mosquitoes breed, and if necessary, spraying. Pesticide spraying activities on Army installation should be coordinated with local civilian community public health agencies.
- Personal Protective Measures.

There is no vaccine to protect against WNV. Individuals can reduce their risk of getting WNV by taking the following actions to protect against mosquito bites:

- Treat uniforms and clothing with Permethrin (NSN 6840-01-345-0237 insect repellent, clothing kit, or NSN 6840-01-278-1336 insect repellent, clothing can). Follow the label direction for insecticides and repellents. Do not apply Permethrin directly to skin. Allow treated clothing to dry before wearing.

- Adults should properly apply DEET-containing insect repellent to exposed skin. DEET lotion (NSN 6840-01-284-3982 insect repellent, personal tube) contains 33 percent DEET in a formulation designed to protect against bites for 8 to 12 hours. Products containing DEET in concentration greater than 35 percent DEET provide no additional protection.

For children, use only products containing no more than 10 percent DEET. Repellents with DEET should be used sparingly on children two through

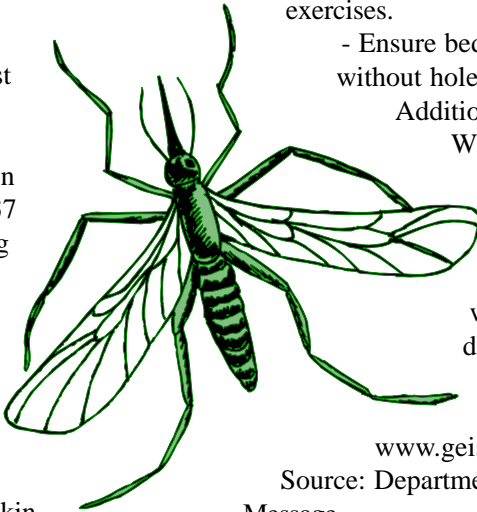
six years of age and not at all on infants younger than two years of age.

- Exclude mosquitoes from troop and family living quarters.
- Check windows and door screens to make sure they are intact.
- Enforce the proper use of bed nets and repellents to protect troops against mosquitoes during field training exercises.
- Ensure bed nets are intact, without holes or rips.

Additional information on WNV can be found at:

<http://chppm-www.apgea.army.mil/westnilevirus/>  
<http://www.cdc.gov/ncidod/dvbid/estnile/index.htm/>  
<http://www.geis.ha.osd.mil>.

Source: Department of the Army Message



## BAMC Urgent Care Clinic New Hours

Effective Aug. 1 the new clinic hours for the Urgent Care Clinic are 8 a.m. to 11 p.m.



# Strengthened GI Bill needed to draw recruits

By Sgt. 1st Class Kathleen T. Rhem  
American Forces Press Service

Today's Montgomery GI Bill needs to more closely resemble the World War II-era program to be a useful recruiting tool, according to a senior congressional staff member.

"We talk about the all-volunteer force, but we all know what it is. ... It's an all-recruited force," Darryl Kehrer said. "I don't see the United States going back to conscription and drafting people into the military. The middle class will not have it, and lots of others will not have it."

Kehrer is staff director for the benefits subcommittee of the House Veterans Affairs Committee. He spoke in New Orleans July 31 to more than 450 attendees at the DoD Worldwide Transition Assistance Program Training Conference.

He said the House Veterans Affairs Committee is working to return to the wartime GI Bill. "Tuition and books will be paid directly to the colleges by VA, just as it was after World War II. The veteran student would also receive a monthly allowance to cover expenses," he explained. "The separating service member could attend any institution in America, limited only by their own aspirations, initiatives and abilities."

Congress has increased the Montgomery GI Bill benefits by

46 percent over the last two years. Benefits will increase to \$900 this October and again to \$985 in October 2003, Kehrer said. The Congressional Budget Office estimates former service members will use these increases to the tune of \$7 billion over 10 years, he noted.

Still, these improvements simply aren't enough, he said. Today the Montgomery GI Bill monthly allowance would have to be \$1,409 for a service member to attend a public, four-year institution as a commuter student, he said.

Congress has also approved increases in the monthly amount for on-the-job training and apprenticeships.

Kehrer noted that committee chairman Rep. Christopher H. Smith of New Jersey has convened a working group of folks from business, labor, industry and government to redesign the Montgomery GI Bill's on-the-job training and apprenticeship aspects because they're based on a 1946 model.

"It needs to be dramatically overhauled to reflect apprenticeship today," he said.

He said returning to the post-World War II-era GI Bill would send a message to the youth of America and to "middle-class parents who are priced out of student aid programs."

"If the original GI Bill is our most successful program ever,

why should 'ever' not include the here and now," Kehrer quoted Smith as saying in a committee hearing last summer. "When only about 1.4 million of America's sons and daughters go in harm's way for 278 million of their fellow Americans, seems like we owe them something more meaningful."

Navy Vice Adm. Patricia Tracey, then deputy assistant secretary of defense for military personnel policy, testified in 2001 that the pool of 17- to 21-year-old males from which the services actually get to recruit is 14-16 out of 100, Kehrer said. Two-thirds go on to post-secondary education, she said, and still more have moral, physical or other issues.

"Should we be surprised when our youth ask, 'Why serve in the military when financial aid abounds for those of us who do not serve?'" Kehrer asked. "Why serve in the military when the Montgomery GI Bill is the only student financial-aid program in America that makes the student lay out \$1,200 in cold cash in the form of a military pay reduction to establish eligibility?"

He said the country needs a GI Bill that will show the youth of America that a tour in the military is a way to achieve their college plans rather than a detour from them.

## Enlisted Scholarship

The Billy Mitchell Chapter of the Association of Old Crows Educational Foundation is offering grants for the 2002/2003 school year. Foundation grants cover the cost of books and course costs that are not covered by the government.

Enlisted personnel applying for grants must meet certain criteria:

- Active duty E-3 or above in any branch of service.
- Enrolled in an education program leading to a Bachelor's Degree in Electrical Engineering, Mathematics or Computer Science.
- Enrolled in required courses leading to a service-related associate's degree through the Community College of the Air Force degree or comparable degree for members of other military services.

Applications for the fall semester are due not later than Sept. 1. Applications and additional information may be obtained from the chapter's website at [www.bmcaoc.org](http://www.bmcaoc.org) or by calling Robert Flores at 977-4791.

## Junior officers sought for the Army's Funded Legal Education Program

The Office of The Judge Advocate General is now accepting applications for the Army's Funded Legal Education Program. Under this program, the Army projects sending up to 15 active duty commissioned officers to law school at government expense. Officers selected remain on active duty while attending law school.

The program is open to commissioned officers in the rank of second lieutenant through captain who have at least two but no more than 6 years of total active federal service at the time the legal training begins. (The restriction on years of service is mandated by law and non-waivable.)

Interested officers should review chapter 14, AR 27-1, to determine their eligibility and, if eligible, register as soon as possible for the fall offering of the Law School Admissions Test.

Applications for this year's FLEP must be sent through command channels, to include the officer's branch manager at PERSCOM, with a copy furnished to the Office of The Judge Advocate General, ATTN: DAJA-PT, 1777 North Kent Street, Rosslyn, VA 22209-2194, to be received NLT November 1, 2002. Interested officers should contact Capt. Peter Tran, at 225-9128 or by email at [peter.tran@amedd.army.mil](mailto:peter.tran@amedd.army.mil).



# NCOs, officers can apply for White House Fellowships

Army News Service

An officer assigned to Korea has been selected to be a White House Fellow beginning in September. Maj. Barry K. Williams, until recently assigned to the 2nd Engineer Brigade in Camp Howze, Korea, will serve at the White House for a year. He will write speeches, help review and draft proposed legislation, answer congressional inquiries, chair meetings, conduct briefings, and otherwise assist high-level government officials.

Williams was selected by the President’s Commission on White House Fellows, and will work with senior White House officials, cabinet secretaries, or other deputies.

The U.S. Total Army Personnel Command is now accepting applications for next year. Currently, Maj. Rich Morales, an

armor officer, is working at the White House as a fellow. He encourages officers and noncommissioned officers to consider applying for the program.

“This year provided me an amazing opportunity to develop both personally and professionally,” Morales said. He is one of only three active-duty military fellows alongside nine civilian professionals from academia, business, medicine, law, and the diplomatic community. Williams will replace Morales in September.

Former Army White House Fellows include Secretary of State Colin Powell, retired Gen. Wesley Clark, retired Brig. Gen. Pete Dawkins, and the current superintendent at West Point, Lt. Gen. Bill Lennox.

Eligible Army officers and NCOs must first request and receive permission from their

assignment officer prior to competing, according to Army Personnel Command officials. The last day for nominations for next year is Jan. 16. The final selection of fellows by the White House Commission is scheduled for June 2003. The fellowship year begins in September 2003 and ends August 2004.

Noncommissioned officers who wish to apply must meet certain eligibility criteria. They must be a U.S. citizen; not have more than 22 years of active-Army service as of September 2003; and if serving in recruiting or drill-sergeant duty, it must be scheduled to be completed no later than the start of the fellowship. Also, soldiers serving as advisers to the reserve component must be scheduled to finish their tour no later than the start of the fellowship.

Additionally, NCOs must

have completed appropriate noncommissioned officer education programs for grade and years of service; must be able to complete the full fellowship and a two-year follow-on utilization assignment; and not be pending any Uniform Code of Military Justice action. While competing for a White House fellow, they may not apply for any other Army sponsored program, fellowship or scholarship.

All NCOs must meet Army height and weight requirements; hold the rank of sergeant first class or higher; and have a graduate degree. Eligible NCOs must submit a Department of the Army Form 4187 requesting permission to compete for the White House Fellowship Program. The application must be: signed and approved by a colonel or above in their chain

of command; and enclosed with a current copy of DA Form 2A and 2-1; copy of last five evaluation reports; copy of college transcripts; and current military photo.

Officers must also be a U.S. citizen and not have more than 19 active-federal-commissioned years of service as of September 2003. Warrant Officers must have no more than 24 active warrant officer service years and other than regular Army warrant officers must have no more than 16 active-federal-service years as of September 2003.

Eligible officers interested in becoming a fellow must submit a DA Form 4187 to their career assignment officer at PERSCOM no later than January 16, 2003. The specifics for applying can be found at <https://www.perscom.army.mil/opfamacs/FELLOWS11.htm>

# Soldier’s fish story causes medical concerns

Army News Service

After learning that a soldier treated his sinus infection with fish medicine purchased at a pet store, the Army Medical Command warns soldiers and their families that there are dangers associated with taking medication without a prescription.

“The idea that you can treat yourself with medicines intended for fish or other animals is a dangerous one,” according to Col. Robert F. DeFraités, chief of the Army Surgeon General’s Preventive Medicine Office. “Animal medications are not tested for use in humans or

licensed for human use by the Food and Drug Administration. You just don’t know what you’re getting in terms of the quality and strength of the ingredients.”

In a letter to the editor of The New England Journal of Medicine published in July, doctors at the Pentagon’s DiLorenzo TRICARE Health Clinic cited the case of a soldier suffering from a persistent sinus infection. The soldier reluctantly admitted that he had treated himself with a combination of penicillin and sulfa antibiotics intended for fish.

In addition to questions about

the nature of the ingredients, fish antibiotics and other nonprescription drugs intended for animals could cause side effects, some of them serious.

“Antibiotics and other drugs intended for use in animals could interact with other prescription or non-prescription drugs a soldier might be taking,” DeFraités pointed out. “There could be a range of reactions, even severe allergies, which can be fatal.”

Like many of his U.S. colleagues, DeFraités is also concerned about overuse of antibiotics.

“If antibiotics are taken or prescribed indiscriminately, they become less effective in fighting disease in the individual who has overused them,” DeFraités explained. “Or, you can kill bacteria in your body that you need, such as in the digestive tract. You can also cause illness or cause damage to yourself that way.”

Some soldiers may perceive that a visit to sick call is a sign of weakness, or fear that a doctor or medic may remove them from duty status.

“Dedication to duty is commendable; however, if you don’t

get care when you need it, you damage both your own health and your unit’s health,” DeFraités pointed out.

Soldiers and family members should consult with a health-care provider — doctor, physician assistant, nurse practitioner or pharmacist— before consuming any prescription or nonprescription drugs, especially if other drugs, vitamins or dietary supplements are already being taken, DeFraités said.

Source: News release from the Office of the Surgeon General, U.S. Army.

# Promises not met - our commitment to America's veterans

By Congressman **Ciro D. Rodriguez**  
28 th Congressional District

As America continues its fight against international terrorism, both at home and abroad, we continue directing needed resources to our military with the finest equipment, latest weaponry and best training available. Congress is now in the process of finalizing the defense spending bills for the upcoming fiscal year. We expect the largest increase in military spending since the 1980's. We will spend billions on our national defense, as we must, yet we have not done nearly enough for those who have bravely served our country in the past. We may remember those who have served when holidays inspire us to pause and remember the sacri-

fices of generations past, but we come up short when veterans need more than kind words or speeches. Veterans deserve more than rhetoric; they need words of substance backed up by real dollars for real benefits.

Veterans who suffer disabling injuries while serving our Nation are entitled to disability pay from the Department of Veterans Affairs. These service-connected disability benefits are earned the hard way. Unfortunately, current law prohibits disabled veterans from receiving the full amount of their military retirement pay, a benefit paid by the Department of Defense and earned by those who serve. Some 550,000 military retirees are affected by this prohibition on the "concurrent receipt" of benefits, something that is unfair and insulting

to veterans who stood up when our country called.

Congress has been working to reduce the inequity caused by the prohibition on concurrent receipt. Unfortunately, and surprisingly to some, the Bush Administration has vocally and strongly opposed proposed congressional changes to reverse this injustice.

Both the House and Senate defense bills now under consideration provide greater allowances for concurrent receipt. The House version would allow full concurrent receipt, phased in over five years, for the most severely disabled veterans, those with a disability rating of 60 percent or more. The Senate bill, due to an amendment by Senator Carl Levin, chairman of the Senate Armed Services Commit-

tee, actually goes further and allows for full concurrent receipt. The cost of the House's phased-in version for the most disabled is estimated at \$516 million for fiscal year 2003 and \$5.8 billion over five years. The more complete Senate version is estimated to cost \$4.3 billion in fiscal year 2003 and \$25.8 billion over five years.

Despite their expressed concern for veterans' benefits, the Administration has threatened to veto the entire defense bill - with its increases for military pay and benefits, expanded funding to fight the war on terrorism, and needed improvements in weapons systems - if the bill includes either the partial or full concurrent receipt provisions. Rhetoric does not provide the benefits that veterans have earned and deserve. The bean-counters in President Bush's Office of Management and Budget (OMB) have deemed the proper care of our heroes to be too expensive. I am amazed at the fact that we can give billions of dollars in tax cuts to corporate fat cats, but we cannot find the spare change to help those who have helped us.

I am committed to completely eliminating this system of giving to veterans with one hand and taking with the other. It is appalling that disabled veterans do not receive the benefits they



Congressman Ciro D. Rodriguez

have earned with their sweat and blood.

I recently joined with 200 other members of Congress in a letter to President Bush voicing our support for eliminating the prohibition on concurrent receipt. I have also co-sponsored legislation, the Retired Pay Restoration Act (HR 303), in a bi-partisan effort to end this unfair offset.

As a long-time opponent of the current system, I have urged the president to act in eliminating this injustice. We have all heard him speak about the gratitude owed American veterans; now we need to see him act on his word. Our heroes deserve no less.

## TRICARE Contract proposal requested

The Department of Defense (DoD) TRICARE Management Activity (TMA) released a request for proposal (RFP) Aug. 1 for a multibillion dollar health care delivery package to serve DoD's 8.7 million TRICARE beneficiaries.

"Our new TRICARE contracts will reward superior customer service, simplify administration of TRICARE, and increase the ability of local medical commanders to best serve their local beneficiaries," said Assistant Secretary of Defense for Health Affairs Dr.

William Winkenwerder.

The solicitation will result in the award of three contracts covering the North, South and Western regions of the United States. Each contract includes a transition period of 10 months, plus five one-year option periods for health care delivery.

Copies of the solicitation are available electronically only and may be downloaded from the TRICARE Website at <http://www.tricare.osd.mil/contracting/healthcare/solicitations/MCSS>. Paper copies will not be made available. Questions must be

submitted electronically through the TRICARE Website using the "E-mail Questions to the Contracting Officer" option.

Proposals are to be submitted electronically. TMA will announce the contract awards at a later date to be determined.

Subsequent solicitation announcements will be forthcoming for other support services. For updates on the next generation of TRICARE contracts, interested parties should frequently check the Tricare Website at <http://www.tricare.osd.mil/pmo/t-nex/>.



# Soldiers from E Company, Academy Battalion lend a helping hand to local community

By 1<sup>st</sup> Lt. Alejandro Gonzales  
Special to the News Leader

As San Antonio citizens try to cope and rebuild their lives four weeks after the torrential rains devastated the local area, soldiers of E Company, Academy Battalion, offered a helping hand recently. Following days of continuous rain, the Salvation Army established a relief plan that consisted of gathering

monetary and food donations for the people that had no means or that lost their possessions in the floods. The U.S. Army saw the need and they too would soon follow suit. The soldiers of Echo Company, Academy Battalion, asked if they could aid in relief efforts for San Antonio. These soldiers volunteered at the Salvation Army Warehouse located in

downtown San Antonio. During their volunteer time the soldiers loaded and unloaded supply trucks, helped flood victims load their vehicles with supplies and put together shopping carts with clothes, food, and cleaning supplies. The act exemplified two of the seven core Army values that are represented in the soldiers of Echo Company, self-less service and duty. Sgt. Pablo Garza, the Operations NCO, stated, “I

didn’t know what to expect but after being there I understood the importance of the deed and it felt like the right thing to do.” Echo Company’s primary mission is to provide medical coverage, equipment, and personnel for all the AMEDDC&S program of instruction courses. They accomplish this strenuous mission with only 65 soldiers and like with most soldiers, time is a valuable and limited re-

source. When asked how they felt about giving up their time to help the flood victims, Pvt. Stephanie Ramirez said, “I like to help people and believe in community service.” She went on to say, “I felt we did a good thing because the victims really needed our help and it was fun!” The floods of 2002 presented an opportunity to prove the close ties the U.S. Army shares with the citizens of San Antonio and the surrounding communities.

## SAMC collects school supplies during August

The members of the Sergeant Audie Murphy Club are collecting school supplies to assist children in the local community. Items collected include pens, pencils, paper, rulers, notebooks, folders, erasers, crayons, and more. The drive continues throughout the month of August. You may drop off items in a box located at the Main PX near the greeting station, or contact one of the following unit representatives:

- Center Brigade, Staff Sgt. Ann, 221-3122
- 232d Medical Battalion, Sgt. 1<sup>st</sup> Class Gragg, 221-4465
- 187th Medical Battalion, Sgt. 1<sup>st</sup> Class Mullen, 221-6815
- Brooke Army Medical Center, Sgt. 1<sup>st</sup> Class McFrazier and Staff Sgt. Daniels, 916-1162
- NCO Academy, Staff Sgt. Carter, 221-6272
- U.S. Army Garrison, Sgt. 1<sup>st</sup> Class Mason, 221-3233
- Army Air Force Exchange Services, Staff Sgt. Lewis, 221-4042

## “Moon Over Buffalo” begins Aug. 21 at the Harlequin Dinner Theatre

The Harlequin Dinner Theatre proudly presents “Moon Over Buffalo,” a comedy by Ken Ludwig, beginning Aug. 21 through Sept. 21 every Wednesday through Saturday. An acting couple, George and Charlotte Hay, are on tour in Buffalo in 1953 with a repertory consisting of *Cyrano de Bergerac* and Noel Coward’s *Private Lives*. Fate has given these thespians one more shot at starring roles in *The Scarlet Pimpernel*, and director Frank Capra himself is en route to Buffalo to catch their matinee performance. Will Charlotte appear or run off with their

agent? Will George be sober enough to emote? Will Mr. Capra see *Cyrano*, *Private lives* or a disturbing mixture of the two? Hilarious misunderstandings pile on madcap misadventures, all of which are magnified by Charlotte’s deaf mother who manages the theatre. Performances are Wednesday through Saturday evenings with



the house opening for cocktails and salad bar at 6:15 p.m. Dinner is served from 6:30 to 7:30 p.m. and curtain time is 8 p.m. Prices are \$25.95 on Friday and Saturday and \$22.95 on Wednesday and Thursday. There are discounts for military. For reservations call (210) 222-9694 or come to the theatre in advance. The box office is open Monday through Friday from noon to 5 p.m. and Saturdays from 1 to 5 p.m. The theatre is handicapped accessible. The Harlequin Dinner Theatre is located in Building 2652 on Harney Road on Fort Sam Houston.

# 5501st U.S. Army Reserve hospital mobilizes soldiers

By Esther Garcia  
Fort Sam Houston Public Affairs

Forty-four U.S. Army Reserve soldiers and their families gathered on Sunday at the 5501st U.S. Army Hospital headquarters. It was their chance to be together one final time with family and friends prior to

their deployment to Bosnia. The 5501st U.S. Army Hospital has been tasked to be part of the Stabilization Force 12, SFOR-12, a multi-national defense force in Bosnia. These medical professionals will be “in-country” for nine months. Of the 44 personnel, 11 will rotate on a

90-day basis. The Detachment Commander, Maj. Roger Green, of Houston, Texas, said, “Our job is to run a hospital for all the American Forces stationed in that area.” San Antonians that form the principal chain of command is Col. Lamar Collie serving as the

Deputy Chief for Clinical Services, Master Sgt. Maurice Scott serving as Chief Wardmaster and as the First Sergeant, and Lt. Col. Joseph Warren as Chief Nurse. Dr.(Col.) Rajnikant Patel, commander for the 5501st U.S. Army Hospital and a staff doctor

at Brooke Army Medical Center said these soldier professionals will provide medical care to approximately 2,500 military personnel serving SFOR-12. The 5501st personnel will run a 26-bed hospital unit, 4-bed intensive care unit and two operating

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Photo by Esther Garcia

Capt. Chris Warzak, a pharmacist, finds a corner to spend some quiet time with his family, wife, Cynthia, daughter Basia, and son Nathaniel, before he departs for Bosnia.



Photo by Esther Garcia

Soldiers and family members enjoyed a breakfast provided by the 5501st U.S. Army Hospital Family Readiness Group Sunday morning.



# Troops head for Bosnia

From *Bosnia* Page 10

room tables. Ancillary services provided by the 5501st will be laboratory, radiology, physical therapy, dental and pharmacy. Attending the farewell to the 5501st U.S. Army Hospital soldiers was Brig. Gen. James A. Mobley. He is the commanding general for the 807th Medical Brigade located in Seagoville, Texas. The 5501st is a subordinate element of the 807th Medical Brigade, which is a major subordinate command of the 90th Regional Support Command in North Little Rock, Ark.

In a very emotional moment, Mobley said, “They are going to be doing some of the most important work that can be done. Since 9-11 everybody has been putting flags on their cars and things like that, but these people are putting their lives and families on hold and are responding to the call. I can’t say it any stronger than that.”

This is a first time deployment for most of the soldiers. Many were nervous and excited at the same time, but all were looking forward to going to their deployment and support mission in Bosnia.

Cynthia Warzak, wife of Capt. Chris Warzak, a pharmacist, said, “I am very proud of what he is doing, it is nine months, but it will go quickly.”

Staff Sgt. Jesse Soto, from Brownsville, said, “we are going and are going to give our troops the best medical support pos-

sible.”

Breakfast for the soldiers and their families was provided by the 5501st U.S. Army Hospital Family Readiness Group. Dipak Patel, wife of Col. Patel, said, “The Family Readiness Group is comprised of volunteers that proudly provide support for the soldiers and their families in an effort to ready them for deployment.

Photos by:  
**Esther Garcia**

On Sunday 44 U.S. Army Reserve soldiers assigned to the 5501st U.S. Army Hospital bid farewell one last time as they departed for Fort Benning, Ga., their first stop before deploying to Bosnia. These health care professionals will provide medical care to American Forces personnel already deployed in Bosnia.



Staff Sgt. Kirk Hill receives a hug from his son Ethan, as his wife, Janie looks on. Hill will be serving as the NCOIC in the emergency room at the medical treatment facility in Bosnia. In the background, left, is Master Sgt. Liza Ramos and Spc. Ana Alvarez, assigned to the 5501st U.S. Army Hospital.



# Good vision essential to success in school

(NAPSA)-Eighty percent of what students learn is through vision, yet 86 percent of children who enter school have not had a thorough eye examination, according to the American Optometric Association. With schools opening soon across the country, now is the time to make sure your kids' eyes are ready for the classroom.

"How children see, from birth through the late teen years, has a profound impact on their development and ability to learn," says Ron Tiarks, who oversees 1,300 Vision Centers at Wal-Mart stores and Sam's Clubs nationwide. "We have found that 10 percent of preschoolers and 25 percent of kids in kindergarten through sixth grade have vision problems, which can make learning more difficult and school less fun."

While symptoms are not always apparent, parents should watch for the following warning signs in their children:

- Consistently sitting too close to the TV, or holding a book too close.
- Squinting.

- Tilting the head or closing an eye to see better.
- Avoiding coloring books, puzzles or detailed activities.
- Bumping into things.
- Having difficulty judging distances.
- Turning one eye inward, upward or downward.
- Losing their place or using a finger to keep their place while reading.
- Complaining of headaches or tired eyes.
- Excessively rubbing the eyes.

If your child exhibits any of these symptoms, make an appointment with an optometrist right away. Even if your child appears to see well, he or she should have a first eye exam by age 3 and every two years after that. If children require glasses or contact lenses, schedule visits once a year, since prescriptions can change

frequently for younger kids. Keep in mind that a school vision screening, while helpful, is not a substitute for a complete eye examination. "One of the most important steps parents can take to ensure their child's success in school is to schedule regular eye exams with a doctor of optometry," says Tiarks. "These will help ensure that their child's vision is developing normally, and that any vision problems are detected and corrected early in the child's development."

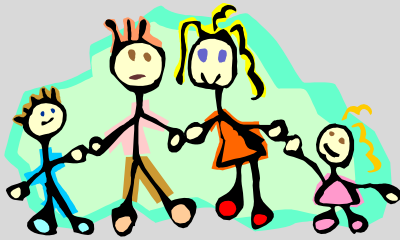
Vision Centers are located in Wal-Mart stores and Sam's Clubs nationwide. Doctors of optometry at each location take appointments and welcome walk-ins. To find a Vision Center near you, check the phone book, or click on the Store Finder at [www.walmart.com](http://www.walmart.com) or the Club Locator at [www.samsclub.com](http://www.samsclub.com).



## Army Community Service Family Advocacy Program August Class Schedule

Class Title	Dates	Class Time
Basics of Breastfeeding	21	10:30 a.m.-Noon
Building Effective Anger Management Skills (BEAMS)	13,20	11 a.m.-12:30 p.m.
Common Sense Parenting	14, 21	11 a.m.-12:30 p.m.
Coping w/Difficult People	22	Noon-1 p.m.
Duffel Bags for Babies	14, 28	8 a.m.-Noon
Family Advocacy Commander Training	8	8-9:30 a.m.
Making Your Relationship A Win-Win Partnership	15, 22, 29	6-8 p.m.
Nurturing Program	13, 20, 27	1-2 p.m.
Playgroup	13, 20, 27	9-11 a.m.
Pregnancy and Childbirth	8	1:30-3:30 p.m.
	22	1-4 p.m.
		9 a.m.-Noon.
Single Parent Support Group	23	Noon-1 p.m.
Stress Management	14	Noon-1 p.m.
Women Encouraging Women	29	11 a.m.-Noon

Note: Bring a brown bag lunch to classes scheduled during the hours of 11 a.m.-1 p.m. To sign up for classes or for more information, please call ACS Family Advocacy Program at 221-2334 or 221-2350.





# DoD provides transitional health care benefits for 60 or 120 days

Family members of active duty sponsors involuntarily separated from military service under honorable conditions, or family members of Reserve Component members separated after serving on active duty for more than 30 days in support of contingency operations, are eligible to receive transitional health care benefits for 60 or 120 days under the new Department of Defense (DoD) Worldwide TRICARE Transitional Health Care Demonstration Project if their sponsor was on active duty January 1, 2002, or later.

The new demonstration project provides medical benefits to certain eligible active duty and Reserve families when their sponsors depart from military service. Family members of sponsors with fewer than six years of active duty service are eligible for 60 days of transitional health care benefits; those with six years or more are eligible for 120 days.

The transitional health care demonstration benefit is retroactive to January 1, 2002, and remains in effect for two years, to allow DoD time to analyze the program and decide whether or not to make transitional health care a permanent TRICARE benefit for these family members.

Under the demonstration project family members may use TRICARE Standard, the fee-for-service option with deductibles and cost shares; TRICARE Extra, the network option with deductibles and negotiated fees; or TRICARE Prime, the network option that is least costly for most people.

Sponsors and family members who are enrolled in TRICARE Prime will be automatically

disenrolled when the sponsor separates from active duty. To continue using the TRICARE Prime benefit during the transitional health care period, sponsors and family members must contact their TRICARE regional managed care support contractor, or their local TRICARE service center, and re-enroll in TRICARE Prime. There will be no break in TRICARE Prime coverage as long as the sponsor and family members re-enroll in TRICARE Prime.

Dental benefits are available to former active duty and Reserve Component members, but under this demonstration, family members of former active duty and Reserve Component members are not entitled to dental benefits. However, Reserve Component members and their family members who are eligible and enrolled in the TRICARE Dental Program (TDP) would be eligible for dental benefits under the TDP, which is separate from this demonstration project.

To be eligible for transitional medical and dental benefits, the family member's sponsor must



- be:
- A service member involuntarily separated from active duty.
  - A member of the Reserves separated from active duty after serving more than 30 days in support of a contingency operation.
  - A service member separated from active duty after being involuntarily retained on active duty in support of a contingency operation.
  - A service member separated from military service who voluntarily remained on active duty for one year or less in support of a contingency operation.
- Transitional health care is not an automatic TRICARE benefit. Sponsors must ensure that they and their family members are enrolled in the Defense Enrollment Eligibility Reporting System (DEERS). Active duty

sponsors may verify or update DEERS information for themselves or their family members by contacting or visiting their local military identification (ID) card issuing facility. To locate the nearest military personnel office or ID card facility, sponsors may search the DEERS Web site at [www.dmdc.osd.mil/rsl/](http://www.dmdc.osd.mil/rsl/).

Claims for these family members will be processed using normal TRICARE claims processing procedures. Claims for family members with expired eligibility will be denied until eligibility is updated and verified in DEERS. If a member submits a claim and it is denied because of eligibility, the member should contact the Defense Manpower Data Center Support Office toll-free at 1-800-538-9552.

Sponsors and family members who have paid for health care expenses out of pocket, may submit a claim form (DD Form 2642) to TRICARE with a copy of their itemized bill to receive payment for these services. Family members who are eligible for care under the demonstration project and who have other health insurance

(OHI), must submit all claims to their OHI provider first before submitting them for payment to TRICARE.

Claim forms are available on the TRICARE Web site at [www.tricare.osd.mil/claims](http://www.tricare.osd.mil/claims) or from the local beneficiary counseling and assistance coordinator (BCAC), TRICARE service center representative, or TRICARE managed care support contractor.

Eligible sponsors or family members who require additional information on TRICARE may contact the Worldwide TRICARE Information Center toll-free at 1-888-DOD-CARE (1-888-363-2273). Additional information on TRICARE medical and dental benefits is available on the TRICARE Web site at <http://www.tricare.osd.mil> or by visiting the TRICARE service center or BCAC at the local military treatment facility.

For questions or assistance regarding claims, sponsors and family members may contact the managed care support contractor in their region, the nearest TRICARE service center or a BCAC at the nearest military treatment facility.

# Dental sealants help prevent tooth decay

As a child’s teeth develop, grooves form on the chewing surfaces of back teeth (molars). These grooves, or pits and fissures are very narrow and can’t be cleaned with regular tooth brushing. Consequently, they make a great hiding place for food particles and bacteria, setting the stage for tooth decay.

Dental sealants can help prevent cavities on these chewing surfaces. Sealants are thin plastic coatings applied to the chewing surfaces of back teeth. The plastic acts as a barrier, keeping food and bacteria out and protecting teeth from decay.

Your dentist can apply sealants without an anesthetic in just a few minutes. Once the teeth have been cleaned, the dentist prepares the chewing surfaces with a special solution to allow the sealant to adhere. The dentist then applies the sealant onto the tooth. The sealant hardens within seconds and can protect the tooth from decay. Regular dental visits are important so that the dentist can determine if the sealants are intact.

Your child’s permanent morals should erupt anywhere between the ages of 6 or 8, so it’s never too early to talk to your dentist about the value of sealants. In addition to getting sealant, your child can work toward a healthy smile by doing the following:

- Brushing twice a day with a fluoride toothpaste that has the ADA Seal of Acceptance.
- Clean between the teeth daily using floss or an interdental cleaner.
- Eating a balance diet and limiting snacks.
- Visiting the dentist regularly.

Source: Budge Dental Clinic News Release.

## Health Promotion Center August Class Schedule

Class	Date	Time
Self Care and Health	8	9-11 a.m.
Aerobics	8	11 a.m.-Noon
Stress Management	13	10-11:30 a.m.
Aerobics	13	11 a.m.-Noon
Diabetes Education	13	12:45-4 p.m.
Office Yoga	14	Noon-1 p.m.
Aerobics	15	11a.m.-Noon
Tobacco Relapse Intervention Program	15	11 a.m.-Noon
Back Pain	15	2-3:30 p.m.
Body Fat Testing	16	8-11 a.m.
Men’s Health	16	9-11 a.m.
Cholesterol and Lipids	19	9-11:30 a.m.
COPD Part 1	19	1-4 p.m.
Arthritis	20	9:30-11 a.m.
Aerobics	20	11 a.m.-Noon
Diabetes Education	20	12:45-4 p.m.
High Blood Pressure	21	9 a.m.-Noon
Office Yoga	21	Noon-1 p.m.
Aerobics	22	11 a.m.-Noon
Weight Management	22	1-3 p.m.
Tobacco Cessation “Readiness to Change”	22	Noon-2 p.m.
Breast Health	23	11 a.m.-Noon
Cholesterol and Lipids	26	9-11:30 a.m.
Aerobics	27	11 a.m.-Noon
Diabetes Education	27	12:45-4 p.m.
Office Yoga	28	Noon-10 p.m.
Aerobics	29	11 a.m.-Noon

Call the Health Promotion Center to register for all classes at 916-3352, except Fibromyalgia Self-Help, Fibromyalgia Support Group, Diabetes Education, Diabetes Support Group, Weight Management. To register for Diabetes Education call the Internal Medicine Clinic at 916-0840 (even if you are in Tricare Prime), select option 2. To register for Weight Management call Nutrition Care Division at 916-5525. Fibromyalgia Self-Help requires your primary care provider to send a consult to Behavioral Medicine Clinic.

# Attention-Deficit/Hyperactivity Disorder

By Dr. Ursula Chesney  
Special to the News Leader

Attention-Deficit/Hyperactivity Disorder is a condition that results in a child having difficulty controlling his or her behavior and or paying attention. ADHD is a chronic condition, with at least some symptoms usually lasting through the teen years and into adulthood. The cause of ADHS is not fully understood. One of the criteria for making a diagnosis of ADHD is that some symptoms of ADHD have to be presented in at least two settings. The symptoms of ADHD fall into three main categories – inattentiveness, hyperactivity and impulsiveness.

Inattentive and hyperactive behaviors that might be observed outside of the classroom include the following:

- Failing to complete simple household tasks or doing them very carelessly.
- Frequently changing from one activity to another.
- Requiring instructions to be given repeatedly or seeming not to listen in general.
- Frequent daydreaming.
- Trouble completing homework

assignments due to inability to sit still or focus.

- Excessive squirming and restless movement at the dinner table.
- Excessive talking or activity.

Symptoms of impulsive behavior include:

- Blurting out answers without thinking or hearing the whole question.
- Interrupting others’ conversations.
- Difficulty waiting to take a turn.
- Engaging in dangerous or forbidden activities without considering the consequences.

When observing your child for these symptoms, consider how does his behavior compare to that of his/her same-age peers.

To meet criteria for ADHS, symptoms should be more prominent than in other children of the same age. Also, symptoms must start before age seven and must cause some degree of impaired function.

You should observe your child in the classroom and set up a conference with his/her teacher to discuss particular concerns. Compare your child’s attention and activity level to that of the other student in the class.

Once you have observed in the classroom, met with his/her teacher, and made note of non-classroom habits and behavior, you should arrange for an ADHD evaluation.

Be sure to take any individualized education plans, a recent report card, samples of your son’s work and any behavior reports.

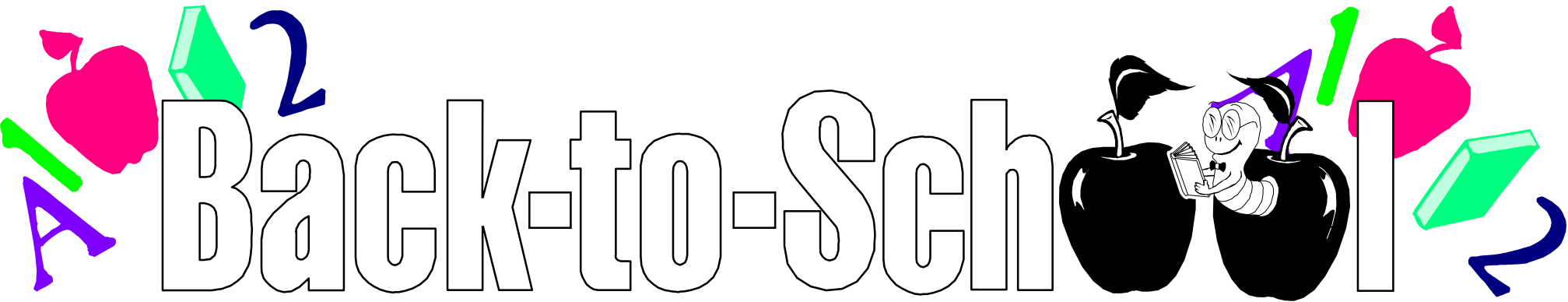
Some family physicians and pediatricians are comfortable making (or ruling out) the diagnosis of ADHD and treating uncomplicated cases with either behavior modification techniques or medications.

Others prefer to refer to psychologist, psychiatrist or developmental pediatrician for diagnosis and treatment.

Any child who is diagnosed with ADHD should also be screened for common coexisting conditions such as depression and other mood disorders, anxiety disorders, oppositional defiant disorder, conduct disorder and learning disabilities.

Parents may obtain additional information form the following Websites: <http://www.aap.org> or <http://www.nichcy.org/>.





# Superintendent's Message

A special welcome to our new and returning students and their families! The 2002 – 2003 school year is going to be an exciting time in the life of Fort Sam Houston schools. Plans are underway to celebrate our fifty years as an independent school district and you will be a vital part of that celebration.

School personnel and parents share the challenge to work together to provide an exemplary education that children need to achieve optimum success. In order to do this, parents must continue to be involved with the school and school personnel must continue to reach out to parents.

As our students return to school August 20, we need to reflect on what we can do to help our students become as educated and prepared for their future role in society as possible. Today's students are tomorrow's leaders.

The beginning of a new school year is an excellent time for people to become involved in education. Everyone has something to contribute – parents, grandparents, senior citizens, community members, employees, and employers! Every caring adult, and even older students, can play a role in improving education.

Thirty years of research reflect that when children can count on their families and community, in addition to their teachers, for involvement in their education, it makes a significant difference in their level of learning.

Fort Sam Houston ISD appreciates the supportive parents and community that we have and are committed to maintaining a safe learning environment for our students. We are proud of our students' outstanding performance on our



Anne S. Kiehle, Ph.D  
Superintendent of Schools

state-mandated Texas Assessment of Academic Skills (TAAS) exams this spring, and know that they will continue to show a strong performance on the more rigorous Texas Assessment of Knowledge and Skills (TAKS) exams that go into effect this school year.

We pledge to you to provide a quality education for your children. We also ask for your support.

Former U. S. Secretary of Education Richard Riley once stated that "The most effective schools draw their strength from the parents and other adults in the surrounding community.

There is simply no substitute for the attention of families, neighbors, youth and civic groups when it comes to shaping the lives and improving the learning of children."

With the continued support of our parents and community, the Fort Sam Houston schools will continue to be exemplary. Together we can make a difference for tomorrow. Please call your school and get involved – your child will reap generous benefits.

Anne S. Kiehle, Ph.D  
Superintendent of Schools

## School bells ring August 20

Fort Sam Houston students will begin the 2002 - 2003 school year on Tuesday, Aug. 20. The Board of Trustees requested that the District Educational Improvement Council (DEIC) develop the school year calendar based upon input from faculty, parents and students. School board members approved the school year calendar last January.

The last day of school before the winter break is Dec. 19. Students return to class to finish the first semester on Jan. 6. The second semester begins Jan. 21.

Other student holidays include the following:

Labor Day	Sept. 2
Columbus Day	Oct. 14
Veterans Day	Nov. 11
Thanksgiving holidays	Nov. 25 – 29
Teacher Preparation Day	Jan. 17
Martin Luther King, Jr. Day	Jan. 20
Teacher Preparation Day	Feb. 14
Presidents' Day	Feb. 17
Spring break	March 17 – 21
Good Friday	April 18
Battle of Flowers Day	April 25
Memorial Day	May 26

The last instructional day for the school year is June 5, 2003. Both campuses had their Site-Based Decision-Making Committees meet with their respective principals to determine their staff development needs for the 2002-2003 school year. As a result, the Texas Education Agency approved their requests for a waiver for faculty staff development for three days at both Robert G. Cole Jr./Sr. High School and at Fort Sam Houston Elementary School. Under state guidelines, students receive a minimum of 180 instructional days, unless a waiver has been approved by the Texas Education Agency.

Under Senate Bill 108 signed into law in 2001, school districts can hold classes for students no earlier than the week in which August 21 falls, with Sunday considered the first day of the week. Fort Sam Houston ISD will begin school Aug. 20.

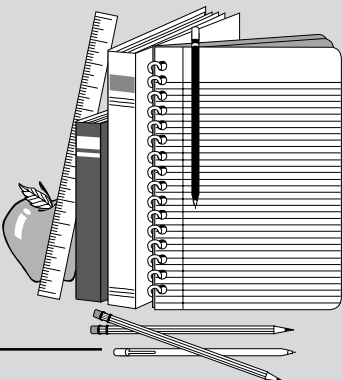
### Key Telephone Numbers

Fort Sam Houston Independent School District	
Superintendent.....	368-8701
Associate Superintendent .....	368-8703
Business.....	368-8705
Technology .....	368-8707
Operations (Maintenance / Transportation)..	368-8719
Fax.....	368-8741
Fort Sam Houston Elementary	
School.....	368-8800
Receptionist.....	368-8803
Principal.....	368-8899
Assistant Principal for Instruction.....	368-8805
Assistant Principal for Student Services / Attendance.....	368-8806
Counselor.....	368-8808
Fax .....	368-8801
Military Special Education Cooperative .....	
Fax.....	368-8776
Robert G. Cole Junior/Senior High School .....	
Receptionist.....	368-8732
Principal.....	368-8774
Senior High Assistant Principal .....	368-8736
Junior High Assistant Principal .....	368-8735
Attendance.....	368-8744
Counselors.....	368-8734
Fax.....	368-8731

## School begins Aug. 20 - Welcome back students

### Fort Sam Houston Elementary

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### FSH ISD Board of Trustees Meeting, Aug. 20

The Fort Sam Houston Independent School District Board of Trustees will hold a regular meeting on Aug. 29 at 11 a.m., at the Fort Sam Houston ISD Professional Development Center, 1908 Winans Road.



# Fort Sam Houston Elementary prepares to celebrate the first day of an exciting school year

Fort Sam Houston Elementary faculty and staff view the first day of school as a celebration of exciting things to come. Teachers, paraeducators, secretaries, support staff, and administrators are busy planning for all students to enjoy successful experiences at school.

The first week of school is spent easing student's transition from home to school. Several steps are taken to ensure a successful first experience for all students. Elementary staff awaits the buses, ready to welcome all students with a wave and a smile. Young students and those new to the school may also be escorted to their class.

All entrances to the school are supervised so that everyone receives a warm, friendly welcome. Students may enter the school grounds from the front of

the school or from the entrances bordering Nursery Road. For reasons of safety and security, students may not enter the grounds from Williams Road. Everyday at 8 a.m. the school gates are locked. Visitors must check in at the front office. Ramps/wings are painted different colors to help young children locate their room.

Parents are encouraged to enroll their children before the first day of school to ensure a smooth and successful beginning for their children. New students can register Monday through Friday between the hours of 7:30 a.m. and 3 p.m.

During the course of the first few days, students will take home important information for parents to review and in some cases to return to the school. The Parent-Student Handbook and

Student Code of Conduct will require parent signatures. Please read and review these important documents carefully with your child and return the paperwork by the date requested.

The majority of students will ride installation or district buses. Students are not allowed to ride a bus other than the one to which they've been assigned. Younger students may not wait for older

brothers or sisters to ride a later bus home.

Students should not arrive at school before 7:15 a.m. Youth Services on Post provides before and after school programs. Parents who need this service can call 221-4466.

Pre-kindergarten and kindergarten students will be given name tags on the first day of school. Students are asked to

wear their nametags at least the first week of school. This will help faculty and staff keep a watchful eye on these young children.

The 2002 - 2003 school year will be an exciting year as both the school and the community continue to work together. Through our efforts, we can continue to provide a quality education for all students.

## Agendas teach organization skills

Fort Sam Houston Elementary School students in first through sixth grade will continue to use an agenda or daily planner for the 2002-2003 school year. This decision is the result of feedback from teachers, parents and students who reported benefits from the use of agendas.

Agendas teach students organization skills they can use throughout their lives. Additionally, agendas provide parents with current information about homework, class projects, and general school news or events. They also provide a means for

teachers and parents to communicate in writing on a regular basis.

"Parents play a key role in the successful use of the agendas," principal Jayne Hatton noted. "A powerful message is sent to the students when parents review and sign agendas daily. Additionally, parents model important organization skills through the use of their own calendars or daily planners."

Students will receive an agenda on their first day of school. There will not be an initial cost for the agenda.



Photo by Gail Siller

Shown at the July 25 school board meeting receiving the Oath of Office from Fort Sam Houston ISD official, Kathy Hayson, are newly re-appointed members of the Board of Trustees Keith Toney (center), who serves as board president, and Eustace Lewis (left), who is board vice-president. Both were re-appointed for an additional two-year term by the State Board of Education, after being nominated by the Fort Sam Houston Garrison Commander. Not shown are school board members Dr. Rosemary Durica, who serves as board secretary, Jesus Torres, and Jeanne Warren.

## Special programs help elementary students achieve full potential

There are numerous special programs and services available to help Fort Sam Houston Elementary School students achieve their potential. A certified counselor serves the guidance and counseling needs of the students through classroom meetings, small group sessions, and individual counseling. The goal of the school is to provide a school climate in which each child may live comfortably and confidently and function successfully.

A special partnership program between the Army and the school is provided for selected "at risk" students. Adult mentors are provided by the Army community and tutor the students for one hour per week in any academic area. The mentors are selected and trained through the post chaplain's office.

A strong drug-free program at the elementary school is integrated throughout the entire curriculum and school. The health curriculum addresses the negative effects of the use of alcohol, tobacco, marijuana, and other drugs, with special emphasis on illegal drugs, while in

social studies emphasis is placed on personal, social, and civic responsibilities. The counseling department also is an active participant in the education of our students about this important subject.

Students who attend Fort Sam Houston Elementary School possess rich and varied experiences in that a wide range of instructional arrangements and programs are required to meet their specific learning needs. Services are provided for those identified as at-risk, disabled, gifted and talented, limited English proficient, and those whose previous educational experiences are inconsistent with Texas requirements. A team approach ensures that all identified students receive needed services to improve their academic performance.

Gifted and talented programs are available for students in grades K - 6 who have demonstrated exceptional proclivity toward excellence or the potential to excel in general intellectual ability. These students require educational experiences and programs beyond those

normally provided in the regular school program. Children are referred for this program by their parents or teachers. Eligibility for the program is based on test results and rankings on a student profile matrix.

An exemplary fine arts program is provided for those students showing exceptional talent in the areas of art, music and theatre arts. Eligibility for the programs is based on individual test results and rankings on a student profile matrix.

Comprehensive special education services are available for eligible disabled students who require provision of special services in place of or in addition to instruction in the regular classrooms. Students served include those from birth to age 21 who are auditorally or visually disabled, and those aged three to 21 who are physically disabled, mentally challenged, emotionally disturbed, learning disabled, autistic, or multi-handicapped.

## PTO supports students, families, and staff

The Fort Sam Houston Elementary Parent Organization is gearing up for another great year. The executive committee board members are the following: April Doxie, Vice President - Fund Raising; Shelly Sanders, Vice President - Volunteers; Cheri Giron, Secretary; Linda Santiago-King, Publicity Secretary. PCS moves have resulted in some open board positions. Please contact the school at 368-8803 if you are interested in serving in the following positions of the executive board: President, Vice President - Membership, Treasurer or Assistant Treasurer. Committee positions are also available.

The PTO will not sell pre-packaged school supplies at the beginning of the school year. However, the PTO has plans for many other ways to support the students, teachers, and parents in our community. Look for more information once school begins.

The PTO has an active volunteer program that offers a wide range of options for parent participation. A form will be sent home listing some of the possibilities for volunteer activities. Volunteers are an important ingredient to a successful school year.

Each Friday is "Spirit Day" at the elementary school. Students are encouraged to wear something green or gold on that day. The PTO will sell "spirit wear" throughout the year. Watch for flyers listing the size and price for the school T-shirts.

The PTO will also sponsor several fund raising events throughout the year. All monies collected benefit the students at the school. The PTO has purchased playground equipment, keyboards, die cut materials, a poster machine, a portable speaker system to be used at school-sponsored events, coolers for every classroom, and bulletin boards for the main hallway.



# Helt named Distinguished Educator

Gail Helt, teacher at Fort Sam Houston Elementary School, was named a 2001-2002 Distinguished Educator by Trinity University on April 19.

Nominated by Fort Sam Houston ISD for the Trinity Prize for Excellence in Teaching, Helt was one of 17 outstanding teachers in Bexar Country honored at the annual ceremony.

Helt was cited for her out-

standing teaching skills, her success with students, and her rapport with fellow educators and parents.

Elementary school principal Jayne Hatton commended Helt for being “a model teacher and a leader in our school.”

“Mrs. Helt is a talented and caring teacher who guarantees a great beginning for children through diverse and creative instruction and educational

practices.” stated Hatton in the nomination materials.

Helt has served on numerous district and campus committees. She has also been a mentor for student teachers and Region XX Alternative Certification candidates.

Helt has spent the last twenty-one years in education teaching at Fort Sam Houston Elementary School.

Fort Sam Houston ISD school board member Jeanne Warren (right) gives recent Cole graduate Stephanie Banks a congratulatory hug at the United Way “Night of a Thousand Stars” after Banks won the Mayor’s Award for Outstanding Youth Volunteer. Banks was honored for her outstanding volunteer service while she was a student at Cole High School.



Photo by Gail Siller

## Fort Sam Houston Elementary Bus Schedule 2002 - 2003

Area Stops Location	Departs FSH Elementary Time	Bus #	Route #
Fisher House (Cole and Elem.)	7:13 a.m.	Bus 6	
Guest House (Cole and Elem.)	7:14 a.m.	Bus 6	
FSH Campground (Cole and Elem.)	7:20 a.m.	Bus 12	1
Infantry Post (Shelter)	7:30 a.m.	Bus 12	1
Gorgas Circle (Qtrs. 1016)	7:25 a.m.	Bus 15	2
Gorgas Circle (Qtrs.1009)	7:26 a.m.	Bus 15	2
Graham and Worth	7:28 a.m.	Bus 15	2
Graham and Harney	7:30 a.m.	Bus 15	2
Graham and H.T. Allen (Shelter)	7:34 a.m.	Bus 15	2
S16W and Graham (Officers’ Club)	7:20 a.m.	Bus 11	2
Artillery Loop (Qtrs. 176)	7:21 a.m.	Bus 11	2
Artillery Post (Qtrs. 165)	7:22 a.m.	Bus 11	2
Artillery Post (Qtrs. 101)	7:23 a.m.	Bus 11	2
Artillery Post (Qtrs. 109)	7:24 a.m.	Bus 11	2
Artillery Post (Qtrs. 118)	7:26 a.m.	Bus 11	2
Staff Post (Stanley and Staff)	7:28 a.m.	Bus 11	2
Hancock Road (Qtrs. 2283)	7:29 a.m.	Bus 11	2
Infantry Post	7:30 a.m.	Bus 11	2

**Grade K-4** Dismissal at 3 p.m., Wednesday at 2 p.m.  
School’s Southeast Parking Lot Bus departs at 3:05 p.m., Wednesday at 2:05 p.m.

Area Stops Location	Bus Arrives Time	Bus #	Route #
Infantry Post (Shelter)	3:20 p.m.	Bus 11	1
Guest House	3:28 p.m.	Bus 11	1
Gorgas Circle (Qtrs. 1016)	3:12 p.m.	Bus 15	2
Gorgas Circle (Qtrs. 1009)	3:13 p.m.	Bus 15	2
Grahan and Worth	3:15 p.m.	Bus 15	2
Graham and Harney	3:16 p.m.	Bus 15	2
Graham and H.T.Allen (Shelter)	3:18 p.m.	Bus 15	2
S16W and Graham (Officers’ Club)	3:19 p.m.	Bus 15	2
Artillery Loop (Qtrs. 176)	3:20 p.m.	Bus 15	2
Artillery Post (Qtrs. 165)	3:21 p.m.	Bus 15	2
Artillery Post (Qtrs. 101)	3:22 p.m.	Bus 15	2
Artillery Post (Qtrs. 109)	3:23 p.m.	Bus 15	2
Artillery Post (Qtrs. 118)	3:24 p.m.	Bus 15	2
Staff Post (Stanley and Staff)	3:26 p.m.	Bus 15	2
Hancock Road (Qtrs. 2283)	3:28 p.m.	Bus 15	2
FSH Campgrounds	3:35 p.m.	Bus 15	2

**Grades 5-6** - Dismissals at 3:30 p.m., Wednesday 2:30 p.m.  
School’s Southeast Parking Lot Bus departs at 3:35 p.m., Wednesday 2:35 p.m.

Area Stops Location	Bus Arrives Time	Bus #	Route #
Infantry Post (Shelter)	3:50 p.m.	Bus 11	1
Guest House	3:58 p.m.	Bus 11	1
Gorgas Circle (Qtrs. 1016)	3:51 p.m.	Bus 3	2
Gorgas Circle (Qtrs. 1009)	3:53 p.m.	Bus 3	2
Grahan and Worth	3:54 p.m.	Bus 3	2
Graham and Harney	3:56 p.m.	Bus 3	2
Graham and H.T.Allen (Shelter)	3:56 p.m.	Bus 3	2
S16W and Graham (Officers’ Club)	3:57 p.m.	Bus 3	2
Artillery Loop (Qtrs. 176)	3:58 p.m.	Bus 3	2
Artillery Post (Qtrs. 165)	3:59 p.m.	Bus 3	2
Artillery Post (Qtrs. 101)	4:00 p.m.	Bus 3	2
Artillery Post (Qtrs. 109)	4:01 p.m.	Bus 3	2
Artillery Post (Qtrs. 118)	4:02 p.m.	Bus 3	2
Staff Post (Stanley and Staff)	4:05 p.m.	Bus 3	2
Hancock Road (Qtrs. 2283)	4:07 p.m.	Bus 3	2
FSH Campgrounds	3:35 p.m.	Bus 3	2

**Note:** Buses will load in the Southeast Parking Lot off Nursery Road. Wednesday dismissal time is 2 and 2:30 p.m.

Fort Sam Houston Elementary School first grade teacher Andrea Eastland (right) greets BreAnna Butler (center) and her mother Tina Butler and sister Jennifer Butler at last year’s “Meet Your Teacher” event.



Photo by Gail Siller

## Elementary students invited to meet teachers early

Fort Sam Houston Elementary School teachers and administrators invite all students and parents to visit the campus to meet teachers and visit classrooms on Aug. 19 from 3 to 4 p.m.

Class rosters will be posted


on the front doors of the school building at 2:45 p.m. indicating which room and teacher each student has been assigned for the 2002-2003 school year. Parents and students are encouraged to attend this event.

“This is a wonderful opportu-


nity for students to get acquainted with their teacher and see their room before the first day of school on August 20” said Jayne Hatton, Fort Sam Houston Elementary Principal.

## Important Dates for Students and Parents

Day/Date	Time	Activity
Thursday, Aug. 8	8:30 a.m.-3 p.m.	Registration for new 7 <sup>th</sup> and 10 <sup>th</sup> grade attending Cole will be conducted by appointment. Call 368-8734 for an appointment.
Friday, Aug. 9	8:30 a.m.-3 p.m.	Registration for new 8 <sup>th</sup> and 11 <sup>th</sup> graders attending Cole will be conducted by appointment. Call 368-8734 for an appointment.
Monday, Aug. 12	8:30 a.m.-3 p.m.	Registration for new 9 <sup>th</sup> and 12 <sup>th</sup> graders attending Cole will be conducted by appointment. Call 368-8734 for an appointment.
Thursday, Aug. 15	6:30 p.m.	Orientation for all Cole 7 <sup>th</sup> and 8 <sup>th</sup> graders and their parents will be held in the Moseley Gym. Also, orientation for new students to Cole in grades 9 <sup>th</sup> through 12 <sup>th</sup> will be held in the Cole Cafeteria.
Monday, Aug. 19	3-4 p.m.	Fort Sam Houston Elementary Students “Meet Your Teacher” and visit classrooms.
Tuesday, Aug. 20	8 a.m.	First Day of School.
Thursday, Aug. 22	6 p.m.	Fort Sam Houston Elementary School Open House.
Tuesday, Aug. 27	6 p.m.	Fort Sam Houston Elementary School Open House.
Thursday, Aug. 29	6:30 p.m.	Robert G. Cole High School Open House (Grades 9-12).



# School Supply



# CHECKLIST

**Fort Sam Houston Elementary School**  
**3370 Nursery Road**  
**San Antonio, TX 78234**  
**Phone: (210) 368-8800 Fax: (210) 368-8801**  
**Suggested List of School Supplies for 2002-2003**

**Pre-Kindergarten**

- 1 Box of Tissues
- 1 School bag (large enough to hold papers and a library book)
- 2 package of safety pins
- 4 Elmer's School glue (no gel glue)
- 1 Pocket folder (solid color)

**Kindergarten**

- 4Elmer's School Glue – 4 oz. (not “gel“or “no run” glue)
- 1Scissors – Fiskar round-tip
- 1Construction paper (variety pack 9” x 12”)
- 1Backpack (no wheels) - with student name on it (large enough to hold papers & library book)
- 1Pkg. Crayola Brand Water Color Paint set- 8 colors
- 4Pkg. Crayola Classic markers (fat ones)
- 1Box Ziploc sandwich bags – boys
- 1Box Ziploc quart bags - girls
- 2Box Crayola crayon – 16 count
- 2Box Kleenex – 200 count
- 2Folders – solid color – 2 pocket no brads
- NO SUPPLY BOXES PLEASE

**Grade 1**

- 2 Spiral notebooks
- 24 Yellow pencils (No. 2)
- 2 Elmer's Glue – 4oz.
- 1Pink Pearl eraser
- 2Box Crayola Crayons – 24 count
- 1Pkg. Crayola Classic Markers (Widetip)
- 1Scissors – Fiskar
- 1Box Kleenex – 200 count
- 3Folders with pockets
- 1Composition Book with sewn binding (not spiral)
- 1Pkg. Manilla (Cream) paper
- 1Pkg. Assorted construction paper 9” x 12”
- 1Clear plastic shoebox with snap on lid for supplies (14” x 4 ½” or 14” x 4”)
- 1Box plastic Ziploc sandwich bags - boys
- 1Pkg. Crayola Water Color Paint set – 8 colors
- 1Brown lunch bags - girls

**Grade 2**

- 1Small pencil sharpener/lid
- 3Spiral notebooks – wide ruled (80 pages)
- 24 Yellow pencils - #2 (No Eagle Brand)
- 2Box Crayolas – 24 count
- 1Scissors – Fiskar sharp point
- 1Box Kleenex – 200 count
- 2white school glue – 8 oz.
- 10 Pocket folders with brads (assorted colors)
- 1Plastic 12” ruler (centimeters and inches)
- 1Pkg. Construction Paper (9” x12”) assorted color- 50 sheets/no tablets
- 2Pkg. Crayola brand markers
- 1Back Pack
- 1Pkg. Ziploc quart size freezer bags –boys
- 1Package of wipes - girls
- 1Plastic box for supplies (no shoebox size)
- 1Pkg. manila (cream) paper
- 2Pink Pearl erasers
- 1Package of wide ruled notebook paper

**2/3 Multi-age & Grade 3**

- 24 Yellow pencils - #2 (NOT Eagle)
- 112” ruler – inch and metric
- 2Boxes Crayola crayons – 24 count
- 1Elmer's glue – 8 oz.
- 2Box Kleenex – 200 count
- 1Pkg. Wide Spaced notebook paper
- 1Scissors – Fiskar with sharp point
- 7Pocket Folders with brads
- 4Spiral notebooks – 70 page
- 1Roll paper towels
- 1Pkg. Assorted construction paper 9” x 12” (No tablets)
- 2Pink Pearl erasers
- 1Quart Freeze Lock baggies - boys
- 1Baby wipes – girls
- 2Red checking pen
- No Notebooks, Trapper Keepers or Trapper Keeper Folders
- Do not put names on any supplies

**3/4 Multi-age &Grade 4**

- 24 Yellow pencils (#2) not eagle or mechanical
- 112” ruler
- 1Box Crayola crayons – 24 count
- 1Elmer's glue – 8 oz.
- 2Box kleenex – 200 count
- 3Pkg. Wide Spaced notebook paper
- 1Pkg. Crayola fine point markers – 8 colors
- 1Scissors - Fiskar sharp point
- 6Pocket Folders with brads
- 6Spiral Notebooks – 70 page
- 1Roll paper towels
- 1Pkg. Assorted construction paper 9” x 12”
- 1Box colored pencils – 12 count
- 1Baby wipes – girls
- 4Highlighters
- 1Blank video tape

- 1 Box Quart Freeze Lock Baggies
- No Notebooks, Trapper Keepers or Trapper Keeper Folders

**Grade 5**

- 1Zipper pencil case
- 24 Pencils (#2)
- 2 Highlighters
- 2 Checking pens – red
- 1Box colored pencils – 12 count
- 13” 3-Ring Binder
- 1Box crayolas – 16 count
- 2Box kleenex – 200 count
- 1Pkg. of re-enforcements
- 1Box Crayola Brand markers (fine point)
- 5Folders with 3-brads and pockets
- 2Wilson Jones Pocket Page Tab Dividers (can be found at Office Depot #933333 stock #53154)
- 5Spiral Notebook – 70 pages
- 5Packages Wide line paper
- NO TRAPPER KEEPER

**Grade 6**

- 1 Crayola Brand markers (fine point)
- 1Scissors (sharp point)
- 1Box of Kleenex
- 1Back Pack (No Sports Bags)
- 5Pencils (#2) No Mechanical Pencils
- 1package black or blue pens
- 5Spiral notebooks
- 1ruler (inches & metric)
- 1Pkg. colored pencils
- 1pocket folder no brads
- 1glue stick
- 2Pkg. wide-line notebook paper
- 1package multi-colored highlighters
- 12” 3-Ring Binder
- 2Wilson Jones Pocket Page Tab Dividers (can be found at Office Depot #933333 stock #53154)

## State mandates new promotion standards in 2002 - 2008

Students entering the third grade this school year must meet the new state-mandated testing requirements which include passing the new Texas Assessment in Knowledge and Skills (TAKS) test in reading during their Grade 3 school year in 2002 - 2003 in order to be

promoted to Grade 4. These same promotion requirements apply to all future students. New promotion requirements follow:  
• Beginning with the 2002 - 2003 school year, third graders must pass the state test in reading in order to be promoted. For

students who do not pass the test, extra instruction to help strengthen the skills needed will be provided. Students also will have two more opportunities to take and pass the reading test before the next school year begins.  
• Beginning with the

2004 - 2005 school year, fifth graders must pass the state test in reading and mathematics to be promoted.  
• Beginning with the 2007 - 2008 school year, eighth graders must pass the state test in reading and mathematics in order to be promoted.

## Career and technology education programs available

Fort Sam Houston ISD offers a variety of career and technology education programs in home economics, marketing education, and hospitality management courses. Admission to these programs is based on interest by the students and parents. It is the policy of Fort Sam Houston ISD not to discriminate on the basis of race, color, national origin, sex, or

handicap in its vocational programs, services, or activities as required by Title VI of the Civil Rights Act of 1964, as amended; Title IX of the Education Amendments of 1972, and Section 504 of the Rehabilitation Act of 1973, as amended. It is the policy of Fort Sam Houston ISD not to discriminate on the basis of race, color, national origin, sex, handicap, or age in its employment

practices as required by Title VI of the Civil Rights Act of 1964, as amended; Title IX of the Education Amendments of 1972; the Age Discrimination Act of 1975, as amended; and Section 504 of the Rehabilitation Act of 1973, as amended. Fort Sam Houston will take steps to assure that lack of English language skills will not be a barrier to admission and participation in all educational and

vocational programs. For information about your rights or grievance procedures, contact Gail Siller, Associate Superintendent, Title IX Coordinator, and Section 504 Coordinator, at Fort Sam Houston Independent School District, 1902 Winans Road, (210) 368-8703.





# Cole students enjoy variety of elective courses

Students at Robert G. Cole Junior/Senior High School are given the opportunity to select a variety of elective courses in addition to core subjects required by the state for high school graduation. At the seventh and eighth grade levels, students may select electives from the following: Art, German, Spanish, beginning band, intermediate band, choir, general music, speech, physical education, and Junior High Student Council, a

service organization. High school students have a myriad of elective choices: language arts electives (journalism, practical writing, etc.); advanced math and science electives (aquatic science, Math Models with Applications, etc.); social studies electives (psychology, sociology, European History, etc.); business course electives (keyboarding, Business Computer Information Systems, accounting, etc.); technology

application electives (Desktop Publishing, Computer Science, etc.); Marketing Education electives (Retailing, Professional Selling, Coop, etc.); fine arts electives (Theater, Debate, Art, Choir, Jazz Band, etc.); Second languages (German I-III and Spanish I-III), as well as Home Economics Education (career studies, Interior design, etc.) and Military Science (JROTC I-IV). New high school elective choices for the 2002 – 2003

school year include the following: Multimedia, a technology applications course; Neurobiology, a study of the complexities of the human nervous system; SAT/ACT Preparation Class; Senior High Student Council; Student Leadership, and dual-credit college Algebra. Additionally, under special circumstances, students may be able to take courses not offered locally online. At St. Philip’s College, Cole

students have further elective choices. There are over 35 programs available to Cole juniors and seniors as electives through St. Philip’s. A few of these include Architectural Drafting, Auto Body Repair, Diesel Technology, Electrical Trades, Homebuilding, Computer Maintenance Technology, Culinary Arts, Vocational Nursing, and Welding.

# Cole adjusts daily bell schedule to increase instructional time

The 2002-2003 school year promises to bring new challenges to Cole Junior/Senior High School students with the advent of the new statewide assessment test, the Texas Assessment of Knowledge and Skills (TAKS). This new testing program will assess students’ knowledge and problem solving abilities emphasized in Texas classrooms since the 1997 adoption of more rigorous curriculum standards. In addition to meeting the state

standards, Cole teachers are committed to providing students with exciting and innovative lessons. “In order to meet these increased demands, we have adapted our daily bell schedule and added five minutes to each class period,” stated Cole principal Dr. Roland Rios. “Additionally, by shortening our advisory and announcement period, our resulting schedule only adds fifteen minutes to the

overall day which will now run from 8 a.m. until 3:20 p.m.” “This change means that during the course of one school year, our teachers will have an additional 15 hours of contact time with their students,” added Rios. “This is the equivalent of four extra weeks of contact time, which can be utilized effectively to teach new material, provide extra tutoring, or extend lab time.”

Cole’s new regular bell schedule follows:	
First Period	8 a.m.-8:50 a.m.
Second Period	8:55 a.m.-9:45 a.m.
Advisory	9:50 a.m.-10:10 a.m.
Third Period	10:15 a.m.-11:05 a.m.
Junior High Lunch	11:10 a.m.-11:40 a.m.
Junior High Fourth Period	11:45 a.m.-12:35 p.m.
Senior High Fourth Period	11:10 a.m.-Noon
Senior High Lunch	12:05 p.m.-12:35 p.m.
Fifth Period	12:40 p.m.-1:30 p.m.
Sixth Period	1:35 p.m.-2:25 p.m.
Seventh Period	2:30 p.m.-3:20 p.m.

## Cole Cougars



### 2002 Varsity Football Schedule

Date	Opponent	Site	Time
Aug. 23 **	Burbank/W. Campus	Away	TBA
Aug. 30 **	Three Rivers	Home	6 and 7 p.m.
Sept. 6	St. Anthony	Home	7:30 p.m.
Sept. 13	St. Gerard	Home	7:30 p.m.
Sept. 20	Natalia	Away	7:30 p.m.
Sept. 27	Comfort	Home	7:30 p.m.
Oct. 4	Open		
Oct. 11 *	Randolph	Away	7:30 p.m.
Oct. 18 *	Stockdale	Away	7:30 p.m.
Oct. 25 *	Nixon-Smiley	Home	7:30 p.m.
Nov. 1 *	Poth	Away	7:30 p.m.
Nov. 8 *	Navarro	Home	7:30 p.m.

### Junior Varsity Football Schedule

Date	Opponent	Site	Time
Sept. 5	St. Anthony	Away	5 p.m.
Sept. 12	TBA		
Sept. 19	Natalia	Home	6 p.m.
Sept. 26	Comfort	Away	6:30 p.m.
Oct. 3	Open		
Oct. 10	Randolph	Home	6 p.m.
Oct. 17	Stockdale	Home	6 p.m.
Oct. 24	Nixon-Smiley	Away	6:30 p.m.
Oct. 31	Poth	Home	6 p.m.
Nov. 7	Navarro	Away	6 p.m.

\*\* Denotes Scrimmage  
\* Denotes District Game



# Cole’s diverse curriculum prepares students for future

Serving grades seven through 12, Robert G. Cole Jr./Sr. High School provides a diverse curriculum that prepares thoughtful, active citizens who can function productively in a free enterprise society. Accredited by the Texas Education Agency, Cole was named a “Texas Exemplary School” last year by TEA based upon its outstanding academic achievement. Twice Cole has been designated a National Exemplary Secondary School by the U.S. Department of Education, the highest honor a public or private school can obtain.

Recognition and appreciation of excellence is believed to be the prime motivator of both students and teachers at Cole. Sequential courses in major areas such as English language arts, mathematics, science, and social studies are available in college preparatory subjects. Pre-advanced placement and advanced placement courses are available as well. Resource programs meet the needs of special population students. Additionally, Cole has a Marketing Education program and a number of dual credit courses available through St. Philip’s

College. The school year, which begins Aug. 20 and concludes June 5, consists of two semesters. The school day consists of seven class periods that meet five days a week. Course credit is awarded in terms of Carnegie unit: one credit per two-semester course. Seniors in this school year’s Class of 2003 must demonstrate mastery in mathematics, reading, and writing as measured on the Texas Assessment of Academic Skills exams.

## Robert G. Cole Junior/Senior High School

### Bus Schedule for 2002 - 2003

Area Stops	Bus Departs for Cole A.M.	Bus No.	P.M. Bus #
Infantry Post	7:08 a.m.	16	16
Fisher House	7:13 a.m.	6	16
Guest House	7:14 a.m.	6	16
Artillery Loop (Qtrs. 176)	7:10 a.m.	10	10
Artillery Post (Qtrs. 165)	7:11 a.m.	10	10
Artillery Post (Qtrs. 101)	7:12 a.m.	10	10
Artillery Fort Post (Qtrs. 109)	7:13 a.m.	10	10
Artillery Post (Qtrs. 118)	7:14 a.m.	10	10
Staff Post Road	7:18 a.m.	10	10
Hancock Road (Qtrs. 2283)	7:20 a.m.	10	10
Gorgas Circle (Qtrs. 1009)	7:10 a.m.	15	1
Graham and Harney	7:13 a.m.	15	1
Graham and H.T. Allen (Shelter)	7:16 a.m.	15	1
S16W and Graham (Officers’ Club)	7:17 a.m.	15	1
Chaffee and Harney	7:08 a.m.	3	8
Harris Heights/Patch and Foulois	7:14 a.m.	3	8
Harris Heights/Foulois and Forage	7:15 a.m.	3	8
Chafter and Taylor	7:02 a.m.	12	12
Chaffee and Lawton (Shelter)	7:05 a.m.	12	12

**Note:** Bus departs Cole Junior/Senior High School at 3:28 p.m. for all grades.

# Fort Sam Houston student admission policies detailed



The military reservations of Fort Sam Houston and Camp Bullis comprise the Fort Sam Houston Independent School District. Children of military personnel residing on these reservations are eligible to attend kindergarten through grade 12. Two campuses serve these students: Fort Sam Houston Elementary School, 3370 Nursery Road, includes pre-kindergarten through grade 6; and Robert G. Cole Junior / Senior High School, 1900 Winans Road, serves grades 7 through 12.

The Fort Sam Houston ISD is a Texas public school district and is subject to all federal and state laws, including the Texas

Education Code. It is not a part of the Department of Defense school systems.

By law, the district requires evidence that a student is eligible to attend its schools at the time of admission and that all residency requirements have been met. No non-resident students are permitted to attend Fort Sam Houston schools, except under special circumstances listed below:

§ A student has a sponsor (parent) assigned to the Fort Sam Houston housing list with an "anticipated move-in date" for quarters within the current regular instructional school year (August 20, 2002 – June 5, 2003).

§ All students who have and maintain a record of good conduct and attendance and whose parents move off post during a semester due to a permanent change of station, or of their own volition and expense, or because of retirement from active duty, are permitted to remain in attendance until the end of the school year in which they move.

§ Additionally, students in grade 7-12 who move off post during a semester and who wish to continue their education at Robert G. Cole Junior/Senior High School after moving off post may do so on a tuition basis. Each student must have a completed application for

transfer on file annually to ensure eligibility for state revenue.

§ A student who has a family member who is a patient undergoing continuous treatment at Brooke Army Medical Center may attend district schools upon the request of a major command.

§ A student who is the child of a school district employee is allowed to attend district schools on a tuition basis.

For those Fort Sam Houston families who have still not been assigned quarters on the Installation by Aug. 20, the first day of school for the 2002-2003 school year, eligibility for students to attend district schools must be established. To do this, contact

the Installation Housing Office for an Admission Request Form. The Housing Office delivers this completed form to district personnel. A current "anticipated move-in date" no later than June 5, 2003 must be included in order for your student to attend a Fort Sam

Houston school. Additionally, a new transfer application form, which may be obtained from either campus, must be completed as well prior to enrollment. If you have any questions on admission policies, please contact Kathy Hayson at 368-8701.

## Federal Impact Aid program provides critical funding for Fort Sam Houston schools

Impact Aid, a federal formula grant program that assists school districts impacted by the presence of federal activities, has been around since 1950, one year before Fort Sam Houston ISD opened its doors as a school district. It provides crucial funding to the district to help in education of federally connected students.

"Impact aid benefits school districts like ours that have no tax base because of federal activities that exempt properties from taxation and create large numbers of federally connected students to be educated," said Dr. Anne Kiehle, Superintendent of Schools.

"Without funding from the Impact Aid federal assistance program, the Fort Sam Houston

schools, and others like us, could not exist," added Kiehle. "The Impact Aid money is our 'in lieu of taxes' money."

The U. S. Congress appropriates funds for Impact Aid payments to be made to the approximately 1,400 school districts nationwide that are educating almost 1.2 million federally connected children. One of the biggest challenges school districts have faced with the Impact Aid Program over the years is that the Appropriations Committee has not always fully funded the program. Additionally, there have been many instances when districts have not received their annual funding in a timely fashion.

Fort Sam Houston ISD, Lackland ISD, and Randolph

Field ISD, all located in San Antonio, are three of the seven school districts in the United States that share the same boundaries, or are coterminous, with the military installation that they serve. These seven districts are public, independent school districts and are not operated by the Department of Defense. As a result, they have been designated "heavily impacted districts" and receive additional funds from the federal government because otherwise they could not provide the same level of education for their students that comparable districts provide.

"Fort Sam Houston ISD is expected to receive approximately \$6.1 million from Impact Aid funds this year, which represents 48 percent of our

budget," said Larry Stavino, Director of Business. "Most of this comes in the form of basic support payments, but we also receive funds for facility maintenance and construction as well as funds to help educate our students with disabilities."

Basic support payments are based on the number of federally connected children who are divided into the following four main categories:

- Dependents of active duty military members who live on federal property.
- Residents on Indian lands.
- Residents in federal low-rent housing projects
- Whose civilian parents work on federal property, but do not live on federal property.

"The other major source of

funding used to educate Fort Sam Houston students comes from the State of Texas' Foundation School Program, which is based upon our students' average daily attendance," added Stavino. "Additionally, about 5 percent of our budget is derived from local sources, primarily interest on funds invested."

"The Impact Aid Program recognizes the special responsibility that the federal government has to help educate its military dependents," said Stavino. "It has been crucial to the success that our district has experienced in providing quality educational services and facilities comparable to those available in non-impacted districts."

## School attendance laws impact Texas youth aged 6 to 18

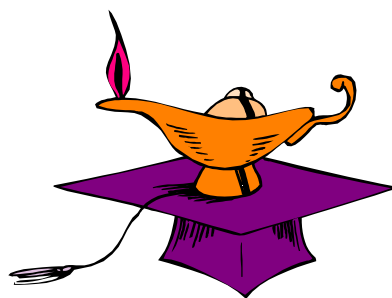
Regular school attendance is essential for students to enhance their education. It is the law in Texas that a student between the ages of 6 and 18 must attend school and district-required tutorial sessions unless the student is otherwise legally exempted or excused. A student who voluntarily attends or enrolls after his or her eighteenth birthday is required to attend each school day. If a student 18 or older has more than five unexcused absences in a semester, the district may revoke the student's enrollment.

School employees must investigate and report violations of the state compulsory attendance law. A student absent from school without permission from any class, from required special programs, such as basic skills for ninth graders, or from required tutorials will be considered truant and subject to disciplinary action. Truancy may also result in assessment of penalties by a

court of law against both the student and his or her parents. A complaint against the parent may be filed in the appropriate court if the student is absent from school on ten or more days or parts of days within a six-month period in the same school year, or is absent on three or more days or parts of days within a four-week period.

Texas law requires that in order for a student to receive credit in a class, a student must attend at least 90 percent of the days the class is offered. High school students can miss only 8 classes per semester course and receive credit for the course. Students in pre-kindergarten through eighth grades are given credit on a yearly basis. They may have no more than 16 absences in order to receive credit for a course for the year. The compulsory attendance law requires attendance until the actual date of the student's eighteenth birthday.

Students whose absences exceed those permitted by law to receive credit for a course may appeal to the attendance committee to receive credit if extenuating circumstances were the cause of the absences. The district's Student-Parent Handbook details



examples of extenuating circumstances outlined in law.

When a student's absence for personal illness exceeds four consecutive days, the student shall present a statement from a physician or health clinic verifying the illness or other condition that requires the student's extended absence from

school. If the student has established a questionable pattern of absences, a physician's or clinic's statement of illness may be required after a single day's absence as a condition of classifying the absence as one for which there are extenuating circumstances.

A student who leaves school during the day must bring a note from his or her parent to be released. A student who becomes ill during the school day should, with the teacher's permission, report to the school nurse. The parent/guardian will be notified and a decision will be made as to whether or not the student will go home.

A student absent from school for any reason, other than a documented health care appointment, may not be allowed to participate in school-related activities on the day or evening of the absence. A student absent from school or from any class without permission will be

considered truant. Truancy may result in any of the following disciplinary actions: after school detention, In School Suspension (ISS) and / or Off Campus Suspension (OCS).

Work missed during an excused absence may be made up. Students may not make up work missed during an unexcused absence or absence as a result of a suspension, and the student will receive a zero for any assignment completed in class or turned in on the day of an unexcused absence or absence as a result of suspension.

Students have one day to make up and return work for each day of excused absence. The teacher sets the time for any tests or other in-school work which must be made up. Make up work which is late will be graded the same as late homework. Make up work not returned within the time allotted by the teacher will result in a grade of zero for the assignment.



# Schools emphasize safety and positive learning environment with student Code of Conduct

The Fort Sam Houston Independent School District is committed to providing an environment that is safe, orderly, and drug-free for our students. The Fort Sam Houston military leadership and school officials are working together to insure that students attending FSHISD schools have a positive, healthy and supportive learning environment. When a school climate is positive and supportive, teachers are more motivated to teach and students are more effective learners. Students are expected to behave in a manner that is conducive to an optimum learning environment.

Fort Sam Houston school district officials follow a comprehensive approach to school safety, which includes a balance of education, prevention, intervention, discipline, security, and crisis preparedness measures.

Fort Sam Houston ISD students are expected to follow a Student Code of Conduct which responds to the requirements of Chapter 37 of the Texas Education Code. The law requires the school district to define misconduct that may or must result in a range of specific disciplinary consequences. This code is an outgrowth of collaboration among district and campus staff, parents, and other community members, and is located in the Student-Parent Handbook distributed to students annually during the first week of school.

Adopted by the school board, the Student Code of Conduct provides information and direction to students and parents regarding standards of behavior as well as consequences of misconduct. Because the district campuses are located on federal property, which is a military reservation, the Military Police are contacted when student actions violate the law.

Parents can help ensure the safety of all students in the following ways:

- Talk to your children about situations that would make them feel they need protection.
- Counsel your children that violence does not solve problems; it only creates more problems.
- Ask your students to notify a teacher, administrator, or responsible adult or parent if they become aware of a potential problem or safety issue at school.
- Ensure that any weapons kept in the home are not accessible to children. According to national statistics, an estimated 80 to 90 percent of students who carry guns bring them from home.
- Monitor the movies and television shows your children watch. Research indicates that many of the popular violence-prone movies and television shows send children a message that violence is the way to solve problems; it is not.
- Continue to develop your children's positive self-esteem so they can make good choices and avoid potentially dangerous associations or situations.

Some signs that have been identified as possible predictors of violent behavior in students include the following: excessive feelings of isolation and/or rejection; feelings of being picked on or persecuted; and low school interest and poor academic performance. Other signs include expressions of violence in writings and drawings; uncontrolled anger; patterns of impulsive and chronic hitting, intimidating, and bullying behaviors. Warning signs also include a history of violent and aggressive behavior; intolerance for differences and holding prejudicial attitudes; drug and alcohol use; affiliation with gangs; and making serious threats of violence.

Additional tips for parents and a list of action steps for students is available in a report entitled "Early Warning, Timely Response: A Guide to Safe Schools," which is available on the Internet at <http://www.ed.gov/offices/OSERS/OSEP/earlywrn.html>

## Free and reduced priced meals available to qualified students

The Fort Sam Houston Independent School District participates in the National School Lunch Program and the School Breakfast Program, which provides free and reduced price meals to students whose families qualify under guidelines set by the federal government. The household size and income criteria identified below is used to determine eligibility for free and reduced-price benefits.

Children from households whose income is at or below the levels shown are eligible for free or reduced-price meals. Foster children who are the legal responsibility of a welfare agency or court may also be eligible for benefits regardless of the income of the household with whom they reside. Eligibility for the foster child is based on the child's income.

Application forms are being distributed to all households with a letter informing households of the availability of free and reduced-price meals for their children. Families new to the district or not receiving an application can obtain one at the nearest Fort Sam Houston ISD campus.

To apply for free and reduced-price meals, households must complete the application and return it to the school. A new application must be completed each year, and may be submitted anytime during the school year. School officials are charged with verifying the information households provide on the application at any time during the school year.

Current meal prices for students in grades K-6 are \$1.50 for lunch and 80 cents for breakfast. Students in grades 7-12 pay \$1.75 for lunch and 90 cents for breakfast. All meals are served daily and can be pre-paid. For additional information, district residents can contact Janet Daniel at 368-8745.

Following are the 2002 federal annual income qualifying guidelines for the free and reduced meal program:

Family Eligibility Income Chart

Household Size	Annual Income Free Lunch	Annual Income Reduced Lunch
1	\$11,518	\$16,391
2	\$15,522	\$22,089
3	\$19,526	\$27,787
4	\$23,530	\$33,485
5	\$27,534	\$39,183
6	\$31,538	\$44,881
7	\$35,542	\$50,579
8	\$39,546	\$56,277
9	\$43,550	\$61,975
10	\$47,554	\$67,673
11	\$51,558	\$73,371
12	\$55,562	\$79,069

For each additional family member add: +\$4,004, +\$5,698

"In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.

To file a complaint of discrimination, write USDA, Director, Office of Civil rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (202) 720- 5964 (voice and TDD) USDA is an equal opportunity provider and employer."

Along with all other public schools in the State of Texas, Fort Sam Houston ISD schools must comply with a new federal regulation that limits mealtime access to certain junk foods known as "foods of minimal nutritional value."

Under the United States Department of Agriculture policy, these foods cannot be sold or given away during breakfast or lunchtime in any areas where food is eaten or served. The policy does not ban vending machines from schools, but it does mean that the machines may have to be restocked with more nutritious products, unplugged or locked during meal times so that they are unavailable to students, or relocated to non-foodservice areas of the school.

As defined by federal rule, "foods of minimal nutritional value" provide less than five percent per serving of the recommended daily intake for each of eight nutrients: protein, niacin, riboflavin, thiamin, calcium, iron and vitamins A and C.

Restricted foods include carbonated beverages, chewing gum, hard candy, licorice, cotton candy, candy coated popcorn, marshmallow candies, frozen sweetened ice treats, and jellies, such as jelly beans and gum drops. Also on the list is fondant, which is a product consisting of microscopic-sized sugar crystals that are separated by a thin film of sugar or invert sugar in solution such as candy corn and soft mints.

This policy attempts to limit consumption of foods that may contribute to obesity. Fourteen percent of American children, ages 6 to 11, are overweight and at risk for future health complications. The United States Surgeon General has classified obesity as a national epidemic.

If a school campus does not comply with this policy, the Texas Education Agency will impose corrective actions, including the campus forfeiting its federal child nutrition reimbursement for all meals served on the days the non-compliance occurred.

The USDA policy does not prohibit students from bringing restricted foods, such as a carbonated beverage, in their lunch bags. The foods can also be sold in any areas where a federal reimbursable meal is not served or eaten.

Additional information can be found at <http://www.tea.state.tx.us/taachildnutr042202.html> and <http://www.fns.usda.gov/cnd/Lunch/Governance/Policy/FMNMemo.pdf>.

## Nutrition policy restricts certain junk foods

Fort Sam Houston Schools emphasize the importance of physical fitness and teach healthy eating habits. Here former sixth grader, Nicole Perez, demonstrates at last spring's Field Day that staying fit can be fun.





# New TAKS testing program replaces TAAS

Texas’ new statewide student assessment test will be implemented during this 2002 - 2003 school year, replacing the Texas Assessment of Academic Skills (TAAS) as the state’s high-profile student testing program. The change is a direct result of more rigorous curriculum standards, called the Texas Essential Knowledge and Skills (TEKS), being adopted in 1997 by the Texas Legislature that caused the testing program to be updated. With the passage of SB 103 by the 76th Texas Legislature in 1999, substantial changes have occurred to the state’s assessment program, now called the Texas Assessment of Knowledge and Skills (TAKS).

**Q: What changes have occurred because of SB 103?**

A: The law dictated that ninth- and 11th-grade tests be developed. The 11th-grade test will become the exit-level test that students must pass, along with their courses, in order to receive a high school diploma. The new 11th-grade test and a revised 10th-grade test will cover all the foundation areas of the curriculum – English language arts, math, science, and social studies. Then new ninth-grade test will cover reading and math. The writing and science sections of the eighth-grade tests have been deleted. A writing section is being added to the seventh-grade test and a science component is being added to the fifth-grade test. All the exams will continue to be criterion-referenced tests.

**Q: Is it true that the new 11th-grade exit level test will be harder than TAAS’ 10th-grade exit-level test?**

A: Yes. The law says the mathematics section of the exam must cover at least Algebra I and geometry. The exit-level TAAS test largely covered eighth-grade level math because it was created prior to the time that all students were required to take Algebra I. The English language arts section of the 11th-grade test will cover at least English III and writing. Social studies will cover U.S. history, including early American history. Science will cover at least biology and integrated chemistry and physics. This content is specified in law. Under TAAS, the 10th-grade exit-level test covered only reading, writing, and mathematics.

**Q: When will the TAKS tests first be given?**

A: The new TAKS tests will test students this year on the following subjects in the grades listed below:

Reading	Grades 3 - 9
Writing	Grades 4, 7
English Language Arts	Grades 10, 11
Mathematics	Grades 3 - 11
Science	Grades 5, 10, 11
Social Studies	Grades 8, 10, 11

New promotion requirements state that this year’s third-grade students must pass the reading portion of the third-grade exam in order to be promoted to fourth grade. The 11th-grade exit level test counts toward graduation requirements for the first time during the 2003-2004 school year. For students in the 9<sup>th</sup> - 12<sup>th</sup> grade as of January 1, 2001, passing the TAAS Exit Level Exam remains the graduation requirements.

**Q: What is the State-Developed Alternative Assessment?**

A: The State-Developed Alternative Assessment (SDAA) is an assessment

developed by the Texas Education Agency to evaluate the academic progress of students with disabilities enrolled in Grades 3 through 8 who are receiving instruction in the state-mandated curriculum, the Texas Essential Knowledge and Skills (TEKS), in a subject area tested by TAKS, but for whom TAKS, even with allowable accommodations, is not an appropriate measure of their academic achievement.

Testing dates for the 2002 - 2003 school year are as follows:

**Test Date**  
**Week of September 16 – 20, 2002**  
**October 22, 2002**  
**October 23, 2002**  
**October 24, 2002**  
**January 21 – February 4, 2003**

**Test**  
TAKS Fall Study (Field Test)  
TAAS Exit Level Writing (retest)  
TAAS Exit Level Mathematics (retest)  
TAAS Exit Level Reading (retest)  
**Field Tests:**  
SDAA Grades 4 and 7 Writing  
SDAA Grades 3-8 Mathematics  
SDAA Grades 3-8 Reading  
TAKS Grades 4 and 7 Writing  
TAKS Grade 9 Reading  
TAKS Grade 10 and Grade 11 English Language Arts  
SDAA Grades 4 and 7 Writing  
TAKS Grades 4 and 7 Writing  
TAKS Grade 9 Reading  
TAKS Grade 10 and Grade 11 English Language Arts  
TAAS Exit Level Writing (retest)  
TAAS Exit Level Mathematics (retest)  
TAAS Exit Level Reading (retest)  
TAKS Grade 3 Reading  
Reading Proficiency Tests in English  
SDAA Grades 3–8 Mathematics  
TAKS Grades 3–8 and 11 Mathematics  
TAAS Exit Level Writing (retest)\*\*\*  
SDAA Grades 3–8 Reading  
TAKS Grade 3 Reading (retest)  
TAKS Grades 4–8 Reading  
TAKS Grade 10 Mathematics  
TAAS Exit Level Mathematics (retest)\*\*  
TAKS Grade 9 Mathematics  
TAKS Grades 8, 10, and 11 Social Studies  
TAKS Grade 5 ScienceTAAS Exit Level

**February 25, 2003**

**February 26, 2003**  
**February 27, 2003**  
**March 4, 2003**  
**March 26, 2003**  
**April 29, 2003**

**April 30, 2003**

**May 1, 2003**

**Reading (retest)\*\*\***

**May 2, 2003** Grades 10 and 11 Science

\*\*\* Indicates the April 29 – May 1, 2003, TAAS exit level administration is provided for graduating seniors and out-of-school examinees.

## Parents can access district policies online

The policies governing the operation of Fort Sam Houston Independent School District are available to read on the Internet at the following two addresses: [www.fort-sam-houston.k12.tx.us](http://www.fort-sam-houston.k12.tx.us) (access “Other Links” then click on “Policy on Line”) or access [www.tasb.org/policy/pol/private/015914](http://www.tasb.org/policy/pol/private/015914)

“Fort Sam Houston ISD policies are created with the assistance of the Texas Association of School Boards Policy Service Division,” stated Dr. Anne Kiehle, Superintendent of Schools. “and it is a pleasure to announce that they are now available on line for interested parents, community members and staff to access as needed.”

“There is a structure to the way the policies are organized,” added Kiehle. “Those designated (LEGAL) are required by law or by the Texas Education Agency. The (LEGAL) policies track the language of the U.S. and Texas Constitutions, federal and state statutes, State Board of Education rules, the Texas Administrative Code and other regulations.” Policies designated (LO-

CAL) are ones that have been approved by the local Fort Sam Houston school board and are deemed essential to effective district governance and management. Local policies that are preceded by a (LEGAL) policy in the same code generally expand on, or qualify, the legally referenced provisions. Other (LOCAL) policies are able to stand alone, portraying the school board’s stated intentions in areas not otherwise addressed by law.

“To fully understand district policy, one should read both the (LEGAL) and (LOCAL) policies together,” stated Kiehle. “Otherwise, important information may be missed.”

Fort Sam Houston ISD’s Policy Manual is divided into seven sections, each devoted to a separate area of school governance. The seven sections include the following: A - Basic District Foundations; B - Local District Governance; C - Business and Support Services; D - Personnel; E - Instruction; F - Students; and G - Community.



Photo by Gail Siller

## Cole sports makes the news

Robert G. Cole High School's athletic programs have a long-standing tradition of excellence. Former Cole athletes have gone on to play at both the college and pro level. The most famous athlete to graduate from Cole is Shaquille O’Neal, a NBA Most Valuable Player and Los Angeles Lakers basketball team superstar. Cole Basketball Coach Herb More frequently receives requests from the national and local media to give interviews on O’Neal’s high school basketball career. Shown here is Coach More (right) being interviewed by Maceo Grant, a TNT television reporter, in town for this spring’s San Antonio Spurs – Los Angeles Lakers play-off series. Coach More served as the assistant basketball coach when Cole won the 1989 State Basketball Championship.



# PWOC Fall Kickoff 2002 starts Aug. 28

The Protestant Women of the Chapel invite you to their Fall Kickoff Aug. 28 from 9:30 to 11:30 a.m. at Dodd Field Chapel. Childcare will be provided for those attending the kickoff. Enjoy a morning of friendship and sign up for the following upcoming Bible studies:

“Becoming a Vessel God can Use” by Donna Partow

“A Marriage Without Regrets” by Kay Arthur

“A Heart Like His: A Study of David” by Beth Moore

“Making Your Home A Haven: Strategies for the Domestically Challenged” by Cyndy Salzmänn.

For more information, contact Kymm Kent at (210) 566-0959 or e-mail at [kymmjk@yahoo.com](mailto:kymmjk@yahoo.com).

## Post worship schedule

**Protestant**

Sunday:

8 a.m. Service, AMEDD Regimental Chapel, Bldg. 1398

9 a.m. Traditional Service, Installation Chaplain’s Office, Bldg.2530

9:15 a.m. Troop Service, Evans Auditorium, Bldg. 1396

10 a.m. Service, BAMC Chapel

10:45 a.m. Gospel Service, Dodd Field Chapel, Bldg. 1721

11 a.m. Service, AMEDD Regimental Chapel

11:15 a.m. Gospel Service, Evans Auditorium

12:30 Spanish Service, AMEDD Regimental Chapel

Wednesday:

9:30 to 11:30 a.m. PWOC meeting, Dodd Field Chapel (Childcare is provided for those who attend PWOC meeting).

12 p.m. Bible Study, Dodd Field Chapel

12 p.m. Service, BAMC Chapel

**Catholic**

Saturday:

5:30 p.m. Mass, AMEDD Regimental Chapel

Sunday:

8:30 a.m. Mass, BAMC Chapel

9:15 a.m. Mass, Dodd Field Chapel

9:15 a.m. Mass, AMEDD Regimental Chapel

11:15 a.m. Mass, BAMC Chapel

\*12:45 p.m. Mass, Dodd Field Chapel

\*Bilingual Mass on 1<sup>st</sup> Sunday of the month (For information call 590-6593).

Weekdays:

11 a.m. Mass, BAMC Chapel

11:30 a.m. Mass, AMEDD Regimental Chapel

1st Friday:

9 a.m. Mass Catholic Women, Dodd Field Chapel

**Jewish**

Friday:

8 p.m. Service, Dodd Field Chapel

8:30 p.m. Oneg Shabbat, Dodd Field Chapel (For information call 379-8666 or 493-6660)

**Mormon**

Sunday:

10:30 a.m. Bldg. 1350, Room 1, Koehler Road, across from Evans Auditorium

Tuesday:

7 p.m. LDS Studies, AMEDD Regimental Chapel

**Muslim**

Sunday:

10:30 a.m. Religious Education, Bldg. 607A, Infantry Post

Friday:

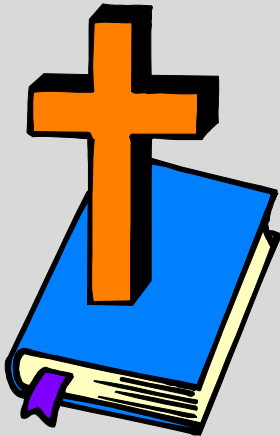
1:30 to 2:30 p.m. Prayer Service, Bldg. 607A, Infantry Post

Thursday:

8 p.m. Adult Religious Education, Bldg. 607A, Infantry Post

**Note:** The Post Gift Chapel is closed for renovations indefinitely.

Chaplain Administrative Offices are located at Dodd Field Chapel, Bldg. 1721, phone number 221-5432. Garrison staff duty officer, (after duty) 221-2810.



# Protestant Activities Schedule

Religious education plays a vital part in our spiritual growth. When we understand what we believe we can better communicate and live out our faith. By gathering in small groups, we can build relationships and find additional strength in our daily lives.

We encourage you to visit any of the studies. We have several different study formats. We pray that your faith will be strengthened and that your spiritual walk will enlighten others. Activities are open to all. Feel free to attend any of our events. No pre-registration is required. For information call Robb Wood at 221-5428 or Chaplain (Lt. Col.) Otis Mitchell, 221-5427.

**Weekly Activities:**

Activity	Place	Time	Day
Sunday School	DFC	9:15 a.m.	Sundays
Prayer Meeting	AMEDD	6:15 a.m.	Tuesdays
PWOC Women’s Bible Study	DFC	9:30 a.m.	Wednesdays
Adult Bible Study (on break until September)	DFC	11:45 a.m.	Wednesdays
Bible Study (all ages)	DFC	6:30 p.m.	Wednesdays
Soldier Bible Study	AMEDD	11:30 a.m.	Thursdays
Soldier Bible Study	AMEDD	7 p.m.	Thursdays

**Monthly Activities:**

Activity	Place	Time	Day
Young Adult Ministry	DFC	7 p.m.	1st and 3rd
Thursday Parish Council	ICO	4:45 p.m.	1st Thursday
Nursing Home Ministry	DFC	2 p.m.	2nd Sunday
Men’s Fellowship	DFC	6:30 p.m.	2nd Monday
Women’s Fellowship	DFC	6:30 p.m.	2nd Monday
Women’s Prayer Breakfast	DFC	8:30 a.m.	2nd Saturday
Hospital Ministry	BAMC	8:30 a.m.	3rd Thursday

ICO -Installation Chaplain’s Office, Bldg-2530, 2590 Funston Road, Suite 35, across from the Burger King. Phone: (210) 221-5005/6/7 Fax: (210) 221-3391

DFC – Dodd Field Chapel, Bldg-1721, 1721 Dodd Blvd. next to National Cemetery, off Winans Street. Phone: (210) 221-5010/5432 Fax: (210) 221-5666

AMEDD - AMEDD Regimental Chapel, Bldg-1398, 3125 Garden Avenue, between NCO Academy and Evan’s. Auditorium. Phone: (210) 221-3390 Fax: (210) 221-3103.

**To join the mentor program:**

<b>Go to:</b>	<b>Call:</b>
The Fort Sam Houston Mentor Program office, in the Installation Chaplain’s office, Bldg. 2530.	Iva Winslow or Nancy Moore, Mentor Coordinator at 221-5005 or 5007.

# Vehicle washing guidance for post housing residents

- Residents may wash vehicles in family housing areas under the following restrictions:
- Always use a nozzle or shut off valve on the hose or use a bucket.
  - Do not waste water by letting it run continuously.
  - Do not park on the grass while washing the vehicle.
  - Follow current water restrictions, when imposed.
  - For more information call 221-4842.

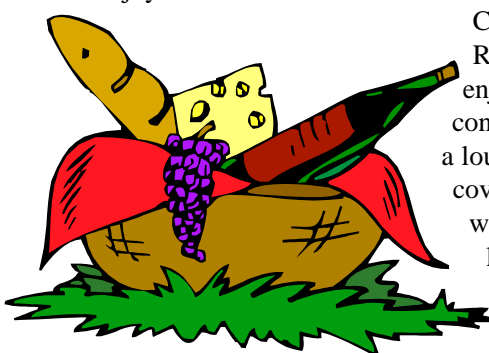




# MWR takes care of soldier, family members and more

Morale Welfare and Recreation (MWR) encompasses a variety of programs and services that enhance the well being of the soldier, family member, retiree, and civilian.

The mission of the Army Outdoor Recreation program is to provide outdoor recreation resources for the benefit and enjoyment of



authorized patrons. Outdoor Recreation programs such as cabins and campgrounds provide soldiers, their families, retirees and civilians with opportunities to participate in, and enjoy, the great outdoors by offering activities and adventure.

The Army Outdoor Recreation's guide to Army Recreational Vehicle Parks and Campgrounds is brought together in one Web source called Paths Across America. These outdoor recreational opportunities offer various levels of amenities, from gravel pads to paved pads with water, electric, sewage disposal, cable TV and telephone access. We also offer professional staffs or hosts to take care

50 pull-through RV sites with individual water, electricity and sewage hook-ups. Concrete patios with picnic tables and barbecue grills are also available. For campers looking for a close weekend getaway, the Recreational Vehicle Park also offers 25 tent pads with concrete patios and picnic tables as well as fire rings.

Campers and RV-ers can also enjoy a small convenience store, a lounge and a covered patio as well as a laundry facility, bath house and playground.

Contact the Recreational Vehicle Park at 221-5502 to make reservations or get more information.

## FSH Recreational Area at Canyon Lake

A little further from home is the Fort Sam Houston Recreation Area at Canyon Lake. Located 48 miles north of San Antonio, the recreation area offers 32 three-bedroom mobile homes, campsites, and screened shelters. The recreation area also includes a Recreational Vehicle Park of its own. Pavilions are also available for rent and are perfect for parties and get-togethers. Visitors can also rent sailboats, flat bottom Jon boats, deck

membership facility to a community facility, which meets the needs of the entire installation. Successful Army food and beverage managers are identifying who the customer is, what they desire and developing programs which meet their needs.

## FSH Officers' Club

The Officers' Club is located on Dickman Road in the heart of historical Fort Sam Houston opened in 1935. As it did in 1935, the Fort Sam Houston Officers' Club continues to offer a variety of programs for their members, family, and guests to enjoy at affordable prices. The Club features an "All You Can Eat" buffet lunch to include deluxe soup and salad bar, beverage, hot homemade breads. A person does not have to be a member to participate in any of the programs at the Club; however, members do receive a discount on the specialty brunches, lunch, and featured buffets. The Club has a full-service catering department to assist individuals with their catering needs for any type of special function. Located on the second floor of the Club, there are 10 deluxe Guest Room Suite, offering a traditional bed and breakfast style of living. The suites are available year round. For more information, please call the Fort Sam Houston Officers' club at (210) 224-4211.

## FSH NCO/ENL Club

The NCO/ENL Club is located in the Army Medical Department Center and School training area and operates five days a week, Tuesday through Saturday. The Club offers an "All You Can Eat" buffet lunch, Tuesday through Friday. Community Bingo is currently held on Tuesday, Wednesday, and Thursday evenings, and Saturday afternoons. The Bingo Program is open to all military, other government employees (active or retired), their family members, and sponsored signed-in guest. Membership to the Club is not required to play. Located within the Club is "Sam's Sports Bar" open Tuesday through Saturday evenings. "Sam's" houses three pool tables, a variety of video games, basketball games, and twelve 25 inch televisions and one big

screen TV enabling you to view several sporting events at one time. Karaoke is featured every Friday evening from 5 to 9 p.m. in the Seguin Lounge. For your dancing pleasure, a DJ is featured from 9 p.m. to 1 a.m. The Club offers a full service catering department to assist you with your special function; e.g. retirement dinners/luncheons, wedding and anniversary receptions, birthday parties, etc. For more information, please call (210) 224-2721.

JR's Sports Bar  
JR's is located on the first floor of building 1384, which house Officers' Basic and Advanced Course student officers as well as military and civilian personnel on a temporary duty status. JR's is primarily a sports bar that offers twelve 27-inch televisions, one big screen television, three pool tables, a significant variety of video games, and a variety of short-order menu items. JR's is a great place for small gatherings for class parties, promotion parties, etc. JR's Bar and Grill is open Wednesday through Friday, opening at 6 p.m. For information, call 221-3021.

## FSJ Golf Club

The Golf Club is located

on Harry Wurzbach Road and features two 18-hole championship golf courses. Both the La Loma and Salado Del Rio courses have been the sites for the All-Army Championships and the Texas Open, and present an excellent challenge for all golfers. Rounding out the facility are a practice chipping green, private cart storage, rental clubs, and 150 rental carts. The Clubhouse features a Pro Shop featuring top of the line equipment, men's and ladies apparel. The Golf Club offers private lessons, a junior golfers program during the warmer months, and approximately 14 golf tournaments per year.

The Clubhouse features a "Mulligan's Snack Bar" and the perfect setting for catered receptions, anniversary and retirement parties, luncheons and special events of all kinds. Open every day from 6:15 a.m. to Dusk, weekend breakfast buffet, Short Order Grill, and Hot Lunch Line. For more information, call (210) 221-5863/ or 221-4388.

Innovative customer driven recreation pro-

gramming is the key to the success for the future. The focus for Recreation Centers is to find what the market wants, plan the programs and services to meet those interests, and provide them in the most suitable place. Efficient, effective team programming is the path to the 21st Century and recreation programmers are being challenged to offer non-traditional programming that meets the needs of the customers.

## The Hacienda Recreation Center

The Hacienda Recreation Center is a home away from home for many of the students on Fort Sam Houston. This facility offers an Internet café, video games, snack bar and movies played on a big screen. The Hacienda also has musical instruments for loan and quiet study rooms that are always in use. The Hacienda is home to Fort Sam Houston's Better Opportunities for Single Soldiers (BOSS) Program. For more information, call 224-7250 or 221-4829.

For more information on these and other great MWR programs, log onto [www.armymwr.com](http://www.armymwr.com)



of your needs. Many RV Parks and Campgrounds offer programs to help you take advantage of other installation MWR activities, and local area attractions. Search by state, and find your overnight destination with [www.pathsacrossamerica.com](http://www.pathsacrossamerica.com).


## FSH Recreational Vehicle Park

The Fort Sam Houston Recreational Vehicle Park serves as a home base for many visitors to San Antonio as well as family members visiting patients at Brooke Army Medical Center. The facility offers


boats, pontoon boats and boat slips from the marina. They also offer kayaks, canoes, paddleboats and more. Call 1-888-882-9878 or check out their Website [www.ftsamcanyonlake.com](http://www.ftsamcanyonlake.com) more information.

The Army operates 242 clubs around the world including 24 Officer's Clubs, 21 NCO/Enlisted Clubs, 153 Community/Consolidated Clubs, and 44 Food, Beverage and Entertainment (FB&E) facilities. The trend for clubs is to move away from a dues paying/


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Cabins




Clubs



Recreation Centers

Serving America's Army  
U. S. Army Community and Family Support Center





Recreation and Fitness News

**Get Your Body in Shape** - New Aerobics classes are being offered at the Jimmy Brought Fitness Center. Try new yoga classes, step aerobics and high-impact step aerobics classes, starting soon. Other classes include: Water fitness, low-impact step, kick-step combo, cardio step and more. Call 221-1234 for an up to date class schedule.

**Power Lifting Team** - Participants are needed to form a team for competition. Compete in squatting, bench pressing and dead-lifting. Call Lucian Kimble at 221-2020 for more information.

**Varsity Basketball Coaches Needed** - If interested, send resume to Earl Young, Jimmy Brought Fitness Center, Bldg. 320, Wilson Road or email [earl.young@cen.amedd.army.mil](mailto:earl.young@cen.amedd.army.mil) Call 221-1180 for more information.

**Heart of Texas Triathlon Series** - One more triathlon will be held Aug. 18 beginning at 7:30 a.m. at the Aquatics Center on Williams Road. Distances for this event will be 400m/12mi/5K. Early registration for this event is a must! Call 221-1234 or 826-1888 for more information.

**The Heart of Texas Triathlon Championship** - This big event is scheduled for Sept. 8 at the Aquatics Center on Williams Road. Distances will be 400m/12mi/5k. Early registration is a must. The event will start at 7:15 a.m., special awards will be presented and a barbecue will follow. This event is open to everyone. Call 221-1234 or 826-1888 for more information.

**Bench Press Contest** - Get set for the Sept. 21 Bench Press Contest at the Jimmy Brought Fitness Center. Weigh-ins will be held from 9:30 to 10:30 a.m. with the event scheduled to start at 10:40. Call 221-2020 for more information.

**60 Days of Fitness** - The Fitness for Your Health Office at the Jimmy Brought Fitness Center will continue this point-based fitness and nutrition program on an individual basis. Call 221-2020 for more information.

Teens vs Staff and Parents Basketball Game, Aug. 17

The Teens VS Staff and Parents basketball game will be held at the Youth Center, Bldg.1630, Aug. 17 from 6 to 9 p.m. All interested teens and parents call Mr. Emmett to sign up.

Teen Council Meeting, Aug. 17

There will be a Teen Council Meeting Aug. 17, 4 to 5 p.m. in the Computer Lab. Discussions will include teen leadership forum by teens who attended the Teen Council.

**Alamo Height -Fort Sam Houston Soccer Registration, Aug. 17** - Soccer registration for military-eligible youth ages 4-18 will be held Aug. 17, 9 a.m. to 3 p.m. at the Youth Center Bldg.

Youth Happenings

1630. Birth Certificates and physicals are required. Cost is \$60, youth 10 years and under (\$50 registration fee plus \$10 general fee) and \$80, youth 11 years and older (\$50 registration fee plus \$30 general). For more information call 221-3502.

**Exploring Life for Middle School Students** - Youth Services offers an after school program for Middle School youth grades 6 through 9, Monday through Friday after school until 6 p.m. YS will pick up your child from the school at either the elementary or the Jr./Sr. high school. Students will then go to the Youth Center, have a snack, work on homework, participate in clubs and do many fun innovative projects and activities. The best feature of this program is that this is a free

program. Youth must be registered with Child and Youth Services, which is a \$15 annual fee but there is no cost for the after school program for middle school and high school students. For more information, call 221-3502.

Youth Services Hours

Business hours for Youth Services are 10 a.m. 6 p.m., Monday through Friday. Parking in the rear of the building on Sultan Road.

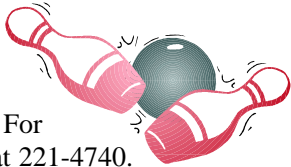
Summer Open Recreation Hours are from Monday - Thursday 1-9 p.m. Friday, for 6-8<sup>th</sup> grades from 1-10 p.m. For 9-12<sup>th</sup> grades from 1-11 p.m. On Saturday 6-8<sup>th</sup> grades from 3-10 p.m. and 9-12<sup>th</sup> grades from 3-11 p.m.



2002 Lanes to Links Aug. 24

The 2002 Lanes to Links competition will be held Aug. 24. Sign up now at the Fort Sam Houston Golf Club or Bowling Center for the 2002 Lanes to Links Competition. Teams will consist of pick your own four-person teams. Entry fee is \$30 per person, which includes continental breakfast, social after golf, green fees, lane fees, golf cart and prizes.

The one-day event will consist of five games of bowling using the Baker system and 18-hole scramble, using the Calloway system. The competition will begin with breakfast at 9 a.m. at the Bowling Center, followed by five games of bowling. Next is 18 holes of golf with a 12:30 p.m. shotgun followed by a social. For additional information contact the golf course at 222-9386 or the bowling center at 221-4740.



# Career Clips



The Army Career and Alumni Program office provides numerous services to eligible people in transition including job assistance. Information on these and other positions is available to ACAP customers in the ACAP office, Bldg. 2264 or call 221-1213.

**Technical Editor/Quality Assurance** - San Antonio. The qualified candidate will possess proficiency in MS Word, Excel and PowerPoint; a four year degree English major, and previous experience in inspecting reports and bids for consistency in font and format, sound structure, required abstract and figure, and correct grammar. Temp to hire position.

**Chemical Lab Assistant** - San Antonio. Non-degreed, non-clinical position involves performing general laboratory functions such as sample collection, sample login, glassware washing, autoclaving, sample preparation, sample/waste disposal, inventory control and similar issues.

**Part Time Sales Rep** - San Antonio. Local division of a large publisher of educational materials for grades 1-12, offers an opportunity for a Per Diem/Part-time Sales Representative. Must be willing to work flexible hours and some weekends.

**Cardiovascular Technologist** - San Antonio. Conducts interventional procedures, transports patients, scrubs and assists with general cath laboratory maintenance. Candidate should be willing to learn new cardiology procedures and have a good knowledge of a healthcare computer system.

# Job opening at the Post Thrift Shop

The Thrift Shop at Fort Sam Houston has an opening for the paid position of Manager. The Thrift Shop is a non-profit private organization that serves the military community through the sale of consigned and donated merchandise. The Thrift Shop donates its yearly profits back to the military community in the form of financial grants. We are looking for an energetic, military ID card holder who is interested in helping the military community.

While the Shop is open only two to three days a week, the job requires four to five full-time days a week, including many hours worked when the Shop is closed. Salary will be discussed at the time of the interview. The job is available right now and appointments for interviews will be made within a week of application. Applications may be picked up at the Thrift Shop from Teresa Parker on Wednesdays and Thursdays, between 9 a.m. and 2 p.m. Applications will be taken until Sept. 18.

The Shop is located at Bldg. 230, Liscum Road, off of Wilson Road (near the Quadrangle). For questions, or to have an application mailed to you, call Susan Luciano, 475-9973.

# Fort Freebies



All Freebies are published on a first come, first serve basis. Commercial advertisements are prohibited. The deadline is noon Monday. Freebies are intended solely for personal household goods and privately owned property, and may only be submitted by active, retired or reserve component military members and civilian employees working on Fort Sam Houston. To submit paid classified ads or commercial advertising, contact Prime Time at 453-3300. To submit a Fort Freebie, e-mail it to: [news.leader@amedd.army.mil](mailto:news.leader@amedd.army.mil) or fax it to 221-1198. Ensure your military/Fort Sam Houston civil service status, phone number and name appears on request.

**For Sale:** 2000 Champagne Ford Explorer XLT with 47K miles, automatic, four-door, fully loaded, 6 Disc CD changer, power windows/locks and seats in great condition, \$17,000. Call Leslie at (210) 326-1955.

**For Sale:** 1995 Ford Windstar GL with 105K, one owner, full electronics package in nice condition, only \$3,500. Call Dennis at 656-3324.

**For Sale:** 1997 Chevy Astro, white, fully loaded, rear air, towing package, leather seats, roof rack, \$7,000. Call Jose or Linette at (210) 804-1163.

**For Sale:** 1995 Four-door Suzuki Sidekick, tinted windows, 6CD

changer 66K, standard, one owner, in excellent condition, \$4,500. Call Jacque 221-3843 and leave a message.

**For Sale:** 1994 Explorer, Eddie Bauer package, leather seats, in excellent condition, \$5,000. Call (210) 823-1048.

**For Sale:** Seafair 18ft-V-hull cubby cabin boat and trailer, 120-hp inboard-outboard motor, need some work, \$1,995 obo. Call 830-393-9212 after 7 p.m.

**For Sale:** Four 14" Mags with Tires (P235), will fit a Ford Ranger, complete set \$200. Call (210) 566-6730.

**For Sale:** Large solid wood hand-made vanity in excellent condition. Complete with bench seat and large oval mirror,

\$100. Call Dawn at 656-3324.

**For Sale:** Coffee table and one end table, both for \$20. Oak entertainment center fits 27" TV and stereo, \$50. Pioneer surround sound processor, \$75. Call 295-2468 or 699-0234 after 6 p.m.

**For Sale:** Four-tier metal computer desk with chair, \$35. Couch and chair, multi-colored earth tones, \$150. Call Mac at 493-0183.

**For Sale:** Metal Frame Bunkbeds, white, twin on top, full size on bottom, in excellent condition, \$50 (no mattresses). Also a German nebulizer (for asthma), paid DM 5000, sell for \$50. Call Jennifer at 281-9188.

**For Sale:** Gym equipment all for

\$650. Includes professional dip station/pull up stand, weight bench with 160 lbs. changeable weights, lat/tricep pull station, and dumbbell stand. Call 385-0415 or 599-2815.

**For Sale:** Matching sleeper sofa, loveseat and wing back chair (blue/mauve color) \$250, coffee table, \$50. Call (210) 403-9838.

**For Sale:** Sears Pro-Form Treadmill, barely used, \$250. Black metal futon with mattress, \$100. IBM computer, in excellent condition, \$125. Call 930-6167.

**For Sale:** Golden Retriever, female, 12 months old, purebred, no papers, \$200. Call Jennifer at 281-9188.





## Community events

### Auditions for "The Sunshine Boys," Aug. 12 and 13

The Harlequin Dinner Theatre at Fort Sam Houston will hold open auditions on Aug. 12 and 13 for "The Sunshine Boys," a comedy by Neil Simon. Auditions will be held from 7 to 8:30 p.m. both nights with Bruce E. Shirky directing.

There are roles for five men and two women. Other volunteers are needed as light and sound technicians, props and stage crew. Performances will be held Wednesday through Saturday evenings from Oct. 2 through Nov. 2. For more information call the Harlequin Dinner Theatre at (210) 222-9694.

### Military Family Appreciation Nights, Aug. 21

General Mills is saying "Thank You" to the military by offering free tickets to the Missions Baseball game Aug. 21. Vouchers for the game will be available at Carlson Wagonlit (527-0848), the Fort Sam Houston Library and other MWR Facilities. Ticket vouchers will be redeemed at the Nelson Wolff Stadium for actual tickets. Call 221-2926 or 221-2307 to reserve tickets.

### Girl Scout Mounted Patrol Tryouts, Aug. 26

Join the "one-of-a-kind" troop in the nation, the Fort Sam Houston Girl Scout Mounted Patrol. Tryouts will be held Aug. 26, 6 p.m., at the Fort Sam Houston Riding Stables to fill eight positions on the troop. You do not have to be a Girl Scout, however, you must have military ID card, be at least 10 years old and know how to walk, trot, and canter a horse competently. For information, call Shawna Lillis at 445-5856 or 493-0389 or Mary Hughes at 286-7997 or (830) 253-1231.

### C.A.M.P. Golf Tournament, Sept. 7

The Children's Association for Maximum Potential (C.A.M.P.) 9<sup>th</sup> Annual Golf Tournament will be held Sept. 7, 1 p.m. shotgun start, at the Tapatio Springs Resort and Conference Center. The four-player scramble cost is \$125 per person, seniors 65 and older, \$100. Deadline to sign up is Aug. 23. The funds raised from this event are used to support children with disabilities at the C.A.M.P. For information, call (210) 292-3571 or 292-3566.

### 24th Infantry Division Association Annual Reunion, Sept. 18-22

The 24<sup>th</sup> Infantry Division Association will hold its annual reunion Sept. 18-22 at the Adams Mark Hotel, 9103 East 39<sup>th</sup> Street, Kansas City Mo. 64221. For information contact Wes Morrison, reunion coordinator, at (831) 384-0139, e-mail [wesm8@aol.com](mailto:wesm8@aol.com), Fax (831) 883-2156 or at 452 Gloria Circle, Marina, CA 93933. You may also contact Johnny Rodriguez, site chairman at (913) 262-7972, address: Rosendale P.O. Box 3464, Kansas City, MO 66103.

## Volunteers needed

### BOSS Seeks Single Soldiers

The Better Opportunities for Single Soldiers (BOSS) meetings are held on the 1st and 3rd Wednesday of every month at 2:30 p.m. at the Hacienda Recreation Center. The BOSS committee was established at the installation to provide soldier input to the commander, who will use the committee's recommendations to improve single soldier's Morale, Welfare and Recreation programs to enhance quality of life. For more information, contact the current BOSS president Spc. Jeffrey Briere at 637-2229.

### United Way Help Line seeks volunteers

United Way is looking for volunteers to answer calls from individuals in need of assistance. The Help Line provides information, referral, telephone counseling and crisis intervention services to the community. Telephone

counselors are urgently needed to answer the Help Line during daytime and weekend shifts. Bilingual counselors are especially encouraged to sign up. To volunteer, call 352-7057.

### BAMC Seeks Partner in Healing Volunteers

BAMC seeks volunteers to provide in-house patient transportation. Nurses rely on the patient transport program to stay on the wards and focus on quality patient care. Join the kind and dedicated team of volunteers who provide this important service to the patients. Call 916-5083 to become a BAMC Partner in Healing.

## Meetings

### MOPH Alamo Chapter 1836 Meeting, Sept. 7

The Military Order of the Purple Heart, Alamo Chapter 1836, will hold its monthly meetings at the Roadrunner Community Center, Bldg. 2797 beginning at 10 a.m. The following are the meeting scheduled dates for the remainder of the year: Aug. 3, Sept. 7, Oct. 5, Nov. 2 and Dec. 7. Members of the MOPH, who do not have a DoD sticker on their vehicle, should enter FSH through the Walter's gate entrance to obtain a pass.

### Commissary/PX Advisory Council Meeting, Aug. 14

The Installation Commissary and Post Exchange Advisory Council meeting will be held Aug. 14, 9 a.m., in the Break Room of the Fort Sam Houston Commissary, Bldg. 360. Submit input for the agenda no later than Aug. 5 to Thomas Lara at 221-5891 or Barbara King at 221-5115.

### Next AKO/SmartForce Briefing, Aug. 15, Aug. 22

The Army announces a partnership license with SmartForce; a state-of-the-art computer based training learning infrastructure, which customizes training for individuals, while the learning experience ensures that knowledge is delivered in a fast effective way. AKO/SmartForce briefings will be held in Blesse Auditorium Aug. 15 and 22 from 8:30 to 10 a.m. For information call 221-8945.

## In the classroom

### Fall Children's Vegetable Garden Session starts Aug. 24

The Fall Children's Vegetable Garden Session begins Aug. 24 and meets every Saturday morning from 9 to 11 a.m. until June. Class size is limited to 120 young gardeners and participants should be committed to attend every Saturday. Registration fee is \$5. For information call 207-3255 or register at the Botanical Center.

### Ergonomic Training Class re-scheduled for Aug. 20

The Ergonomic Class previously scheduled for July 25 was re-scheduled for Aug. 20, 8:30 a.m. at the Roadrunner Community Center, Bldg. 2797, Stanley Road. To register for class, call Richard Edges at 221-0563.

### ESL classes taught at the Roadrunner

English as a Second Language classes are held on Fort Sam Houston at the Roadrunner Community Center and are free. They are designed especially for foreign-born spouses to increase reading comprehension, vocabulary, and pronunciation. Classes are appropriate for beginner, intermediate and advanced students with individualized group instruction. The Army Community Service Relocation Assistance Program and the Region 20 Education Center sponsor classes. To register, call 221-2418.

### Space Available Travel Information

You may be eligible to travel on space available to Germany, Guam, Japan, Korea, or Puerto Rico. For information on restrictions for overseas travel, required documentation for sponsors and dependent travelers using Space Available, call the Lackland Passenger

## ¿Que Pasa?

Terminal (Kelly Field Annex) at (210) 925-8715 or visit the [spacea@lackland.af.mil](mailto:spacea@lackland.af.mil) Website.

## Otras Cosas

### Enjoy a \$1 dinner at USO

The USO offers a \$1 dinner every Saturday at 6 p.m. Enjoy a great "home cooked" meal and then explore what downtown San Antonio has to offer or take advantage of free pool and foosball tables, movies, game room and family room. The USO is open to all military personnel and their families Wednesday, Thursday and Sunday from 9 a.m. to 5 p.m. and Friday and Saturday from 9 a.m. to 11:30 p.m. For more information, call the USO at 227-9373.

### E-mail Lists Tell What's New for Kids at Science Websites

The Agricultural Research Service has now made it easy to know when something new is posted on the agency's popular Websites geared for kids. The Websites area geared mainly for kids age 8 to 13 and is designed to nurture an interest in science and explaining, often in playful ways, how science affects everyday life and why it can make an interesting career. Science for Kids is at <http://www.ars.usda.gov/is/kids>. The Spanish Website is <http://www.ars.usda.gov/is/espanol/kids>.

### Kraft Foods Essay Contest Deadline Aug. 15

Kraft Foods is sponsoring a "salute to military families" youth essay contest. A \$1,000 U.S. Savings Bond will be awarded to a military family youth 18 years or younger with a valid military ID card. The essay contest topic is "The Person I Admire." It should not exceed 1,000 words. Contestant's essay should include their name, age, telephone number, and their installation. Winners will be asked to show identification. The essays should be post-marked by August 15, 2002 and mailed to: San Antonio Missions Baseball Club, Oscar Mayer Youth Essay Contest, 5757 Highway 90 West, San Antonio TX 78277.

### Read Across Texas at the Fort Sam Houston Library

The Fort Sam Houston Library is conducting its annual summer reading program for children in pre-school through eighth grades. The program is designed to keep youngsters reading throughout the summer. Register at the Fort Sam Houston Library and keep track of all the books you read. Children enrolled in the program can earn a brand new book, a certificate and a "Read Across Texas" T-shirt. For more information call the Library at 221-4702 or 221-4170.

### SAC Course Assists Women achieve 'Personal and Academic Success'

The San Antonio College Women's Center is assisting women in registering for the student development course, "Personal and Academic Success." The course will be offered during the fall semester at San Antonio College, which runs from Aug. 26 through Dec. 8. Students may choose from two sections offered: Mondays and Wednesdays, 5:15-6:30 p.m. and Tuesdays and Thursdays 9:25-10:40 a.m.

The course fulfills student orientation requirements. The Women's Center is offering free textbook assistance for this course. For information call 733-2299.

### Central Issue Facility Section Inventory Aug. 19 through 23

The Central Issue Facility Section (CIF) Property Management Branch, Supply and Services Division, Readiness and Logistics Business Center will conduct a 100 percent inventory beginning at noon Aug. 19 through 23. During this period, no classes are scheduled and CIF will be closed. Emergencies should be brought to the attention of Chief, Property Management Branch, Vanessa C. Alford at 221-3022

### FSH Garrison EEO Office Closed, Aug. 29

The Fort Sam Houston Garrison Equal Employment Opportunity (EEO) Office will be closed Aug. 29 to conduct training.